

## Solid wall insulation

Insulating your solid walls could cut your heating costs considerably, and make your home more comfortable. If your home was built before the 1920s, its external walls are probably solid walls rather than cavity walls.

**Find out more**

## Floor insulation

Insulating your ground floor, or any floors above unheated spaces like garages, will help keep the heat in your home. Newer homes generally have ground floors made of solid concrete while older homes are likely to have suspended timber floors.



**Find out more**

<https://energysavingtrust.org.uk/energy-at-home/reducing-home-heat-loss/>

