



TRAVEL ADVICE GUIDE – FAIRWAY HOUSE

Travel Advice for the occupants of Flats 1-27 Fairway House, 38 Clyde Terrace, London, SE23 3EH and for their visitors.

Firstly can we welcome you to your new home! The purpose of this guide is to provide helpful information with regard to means of travel around and from your home – to help with options, to inform you about more healthy and environmentally friendly means of travel. Many of you will be familiar with much of the contents here – but hopefully some of you will find some useful information. So please do read on.....

YOUR LOCAL AREA

You will see in your Resident Home Guide in the Travel section that this block of flats is conveniently located by shops, supermarkets, post offices, banks, pharmacists, dentists, amenity spaces, pubs, libraries, schools and adult education centres. Much is within walking distance.

YOUR TRAVEL CHOICES

Below are the main options for how you will get out and about from your home. We would encourage you to consider walking and cycling where possible as it can help with your overall health and reduces the congestion and pollution on our roads. Secondly please consider public transport as that will also help reduce the congestion and pollution on our roads. Participating in a car club, rather than owning your own car, will also help reduce road congestion.

Much has been written on the subject of transport and health, here is what Transport for London (TfL) say: <https://tfl.gov.uk/corporate/about-tfl/corporate-and-social-responsibility/transport-and-health>

And from part of the NHS on walking and health click: [here](#)

And from part of the NHS on cycling and health click: [here](#)

WALKING

Much of what you need in your local area is within walking distance. Journeys of up to 2km in particular are suitable for walking rather than driving.

A useful source is Transport for London's (TfL) website <https://tfl.gov.uk/> or <https://tfl.gov.uk/plan-a-journey/> or <https://tfl.gov.uk/Widgets/JourneyPlanner> You can type in to the journey planner where you want to go from and to (this can be a postcode or property name or address) and the website will tell you the distance, an estimate of the time needed, a map and directions.

If you search the internet on 'TfL walking' or go to <https://tfl.gov.uk/modes/walking/?cid=walking> you can find lots of information about the health benefits of walking and ideas for walks.

Other useful websites: Living Streets <https://www.livingstreets.org.uk/> ; the Ramblers <https://www.ramblers.org.uk/> and Sustrans <https://www.sustrans.org.uk/>

If you have any health or disability issues that may affect your walking, please first consult your local GP

CYCLING

When purchasing your property you will have been informed of which is your personal cycle store, it is either within the building or just outside.

Much of what you need in your local area is within cycling distance. Journeys of up to 5km in particular are suitable for cycling rather than driving.

Again a useful source is the Transport for London's website (links are shown above). You can type in to the journey planner where you want to go from and to (this can be a postcode or property name or address) and the website will tell you the distance, an estimate of the time needed, a map and directions. It will often also suggest easy, moderate and fast riding routes.

At <https://tfl.gov.uk/maps> you can also find maps of designated cycle routes

If you search the internet on 'TfL cycling' or go to <https://tfl.gov.uk/modes/cycling/> you can find lots of information about cycling, cycle skills, cycle parking, bicycles on public transport and the Santander Cycle Hire scheme

You can also contact the London Borough of Lewisham as at times they have opportunities for cycle training and schemes to make getting a bicycle more affordable – try 0208 314 2216 or 0208 314 6000 and <https://lewisham.gov.uk/organizations/cycle-training-enquiries> and <https://lewisham.gov.uk/myservices/roads-and-transport/cycling> and <https://lewisham.gov.uk/organizations/road-safety-and-sustainable-transport>

At times there are also other cycle purchase schemes to make buying a bicycle more affordable – your local cycle shop can help. They can be found by searching on the internet.

Other useful websites: the London Cycling Campaign and it's cycle groups: <https://www.lcc.org.uk/> ; British Cycling and their 'Let's Ride' initiatives <https://www.britishcycling.org.uk/> and Sustrans <https://www.sustrans.org.uk/>

If you have any health or disability issues that may affect your cycling, please first consult your local GP

BUSES

Buses from Forest Hill can take you on routes to Central London, Peckham, Brockley, Lewisham, Catford, Woolwich, Plumstead, Shirley, Croydon, Crystal Palace, Sydenham, Dulwich and Brixton among other destinations.

Again a useful source is the Transport for London's website (links are shown above). You can type in to the journey planner where you want to go from and to (this can be a postcode or property name or address) and the website will tell you the buses to catch, the bus times, the route detail and a map.

Although Transport for London don't have a phone app for bus services, you will be able to find many other providers and reviews by searching the internet

TRAINS AND TRAMS

Again a useful source is the Transport for London's website (links are shown above). You can type in to the journey planner where you want to go from and to (this can be a postcode or property name or address) and the website will tell you the buses / trains / trams to catch, the times, the route detail and a map.

Although Transport for London don't have a phone app for London train / tram services, you will be able to find many other providers and reviews by searching the internet

For longer journey's by train there are many websites that can help, including: <https://www.nationalrail.co.uk/> and <https://www.thetrainline.com/>

TAXIS AND MINICABS

Along with London Taxi's, there are a number of mini cab firms operating in the Forest Hill area. Transport for London have a License Checker and "Find a Local Minicab" service at: <https://tfl.gov.uk/info-for/taxis-and-private-hire/licensing/licence-checker>

PRIVATE CARS

When purchasing your property you will have been made aware of the very limited parking facilities within the Fairway House development and as to whether you have access to that parking.

Although not all local roads have controlled parking restrictions the local area is congested with parked cars. There are some car parks noted in the Resident Home Guide, though spaces are limited. If you or your visitors are considering parking in the area you will need to first fully acquaint yourself with the potential for local parking – but we hope you will also consider the other means of getting around that we suggest, if they are suitable for you.

CAR CLUBS

Car clubs are short-term car rental services that allow members access to locally parked cars and pay by the minute, hour or day. They offer an alternative model to private car ownership and depending on your use of cars can help you save money. Car clubs reduce the need for private parking and on-street parking and can help more Londoners give up their cars while allowing for occasional car travel. London is full of car clubs, including in the Forest Hill area

A useful starting point to find out more is: <https://tfl.gov.uk/modes/driving/car-clubs> - this also provides links to some of the car club providers

OTHER JOURNEY PLANNERS AND TRAVEL APPS

Along with the TfL journey planners that we have already mentioned, there are many more services you can explore including Google Maps, Apple Maps, Citymapper, Uber and the TfL Facebook TravelBot at: <https://tfl.gov.uk/travel-information/social-media-and-email-updates/facebook-travelbot>

CONCERNS WITH ROADS, PAVEMENTS, STREET LIGHTING

Please also note if you have any concerns with roads or pavements or street lighting in Lewisham please contact the London Borough of Lewisham via <https://lewisham.gov.uk/my services/roads-and-transport> you can also contact us if you need our help (contact details are below)

QUESTIONS / HELP

Please contact our Neighbourhood Services Team and ask for their Resident Travel Plan Co-ordinator for Fairway House who will try to help on matters associated with this guide where you are having difficulty (eg if you are having problems getting cycle training), either via our General Enquiries phone number 0208 778 6699 or by the other means at: <https://www.hexagon.org.uk/contact-us>