



## **Complex Care Service Development in Walton on the Naze, Essex**

### **About Elysium Learning Disabilities and Autism**

Elysium provides a range of specialist services to people with learning disabilities, autism and complex needs in both our community based services and hospital placements across England and Wales. We have five complex care hospitals and 29 community based services, delivered through **Elysium Care Partnerships**.

Our **community based services** deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and challenging behaviours, such as mental health needs, personality disorder and forensic histories.

These community based services provide a robust, structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living or alternatively some will be cared for longer term.

Our **hospital placements** provide a pathway of integrated care through our Complex Hospital Care services. These services provide timely, outcomes focused, individually tailored specialist treatment and rehabilitation hospital placements that are linked to our community based support services, and are committed to keeping length of stay in our services to a minimum, providing the least restrictive setting possible.

[www.elysiumhealthcare.co.uk/learning-disabilities-autism/](http://www.elysiumhealthcare.co.uk/learning-disabilities-autism/)

## **Development – former Asher House, Third Avenue, Walton on the Naze, Essex,**

Elysium Care Partnerships has successfully developed three new services in Barnsley in South Yorkshire and in Clipstone and Strelley in Nottinghamshire since 2018. These services are developed in partnership with local commissioners in the Local Authority and Clinical Commissioning Groups in line with Building the Right Support (Department of Health 2015) and Registering the Right Support (Care Quality Commissioner 2017) to meet the needs identified by the Transforming Care Programme for specialist complex care and support services in the community for people with learning disabilities and Autism.

Due to demand from commissioners in Essex, Elysium have purchased the former care home, Asher House on Third Avenue to develop a new complex care service for this area. This will be a care home providing a registered care service with nursing for six people with Learning Disabilities and Autism will serve the county council area of Essex.

The service will bring a much needed social care service to the area for people from Essex.

### **The service model**

The service will be registered care service with nursing. The new building will provide six single person apartments and communal spaces including, lounge, dining area, kitchen and laundry. The apartments consist of a lounge / diner and bedroom with en suite wet room. Single person apartments within a larger building with communal facilities allows person centred care to be delivered more effectively and people to experience living in their 'own home', meanwhile having access to peers and a range of facilities within the wider service. This environmental specification mirrors that of the initial three developments.

The service will be robust and adapted for people with learning disabilities, Autism, sensory needs and challenging behaviour and will use assistive technology to support care and make the best use of resources.

The model provided will be Elysium's complex care model which incorporates the following elements:

- Services are small with low numbers of service users who live in their own apartments to ensure as ordinary living setting as possible.
- High staffing ratios of 1 staff to 2 service users as a minimum.
- A focus on positive behavioural support, where every service user has a positive behaviour support plan working dynamically to support them to:

- o Develop alternative behaviours

- o Communicate their needs in different ways

- o Reduce the severity and frequency of their challenging behaviour

- Staff trained in Positive Behavioural Support and to manage challenging behaviour.
- Delivered in capable environments where individuals may display changing levels of behaviour that pose a risk to themselves or others, but can be managed safely.
- Care and support is tailored to the individual developed in partnership with the Service User, their MDT, family/carer and ICATT/other health professionals.
- Care is offered in the least restrictive way providing appropriate Deprivation of Liberty safeguards.
- Communication plans are in place to support effective communication.
- Health needs are met in line with the person's Health Action Plan, enabling access to appropriate clinical support as required.
- Sensory plans are developed to meet sensory needs.
- Transport is provided which enables the individual to access daytime activities and foster or maintain personal relationships where possible or feasible

### **Creation of employment opportunities**

The new service will be staffed by an experienced team which includes; a Registered Manager, administrators, housekeeper and maintenance staff along with nursing staff and support workers. There will be around 18 people on site at any one time.

Both the staff and service users will make use of the local facilities such as shops, public transport, public houses and leisure facilities, enhancing the local economy.