

A vehicle, would otherwise find it difficult to attend a class much further afield, with there being no public transport options.

People attending my local class ^{are} also helping to prevent traffic pollution, and keeping traffic off the roads, in addition ~~to~~ to it being more cost effective in current times with less fuel to travel locally.

Please note the field beyond my garden is unused and also forms a large part of my neighbouring garden to my right (if facing the field)

The neighbours to my right only own 522 inches in length of garden.

The remainder unused, other than a handful of times each year by the elderly couple's family for a few days holiday here and there.

ADDITIONAL INFORMATION

Please note that I have 2 parking spaces available in my drive for cars. In addition, the Barn on the corner of The Row (Area 3) a minutes walk away kindly allow additional cars in their off street car park. This keeps the highways free & clear of any traffic/parked cars.

I am conscious of not creating a traffic issue and it is a condition of people attending my well being sessions that they adhere to my parking rules.

A few who join my classes car share, and those who join from the village walk to my sessions.

Currently 5 ladies in the village of West Dereham attend my classes, along with others from the nearby villages. All have reported positive health & well being benefits since joining. I feel my small & intimate classes are much required in the vicinity and are an asset to those in the community who are looking to seek a healthy lifestyle and improve both their health and well-being.

I feel I am providing a service for local people, whom some, especially without