

your energy assessor

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ENERGY STRATEGY

Compliance with Policy ES1

PROJECT NAME Pier View Hotel Flats 1-5

DATE 26th July 2023



Fenton Energy Ltd. registered in England and Wales - 09820774



| Contents | |
|---|--|
| Executive Summary | 3 |
| Total CO ₂ Emissions Savings Design Principles to Reduce Energy Consumption and Carbon Emissions | |
| Fabric Fenestration and Solar Gain Mechanical Services Lighting Renewables Overall performance Proposed Fabric and Services Specification | 4 4 5 5 5 |
| Table 1 – Baseline Compliance Table 2 – Additional Energy Efficiency Measures Selecting Renewables | 6 7 |
| Table 3 – Feasibility Matrix of Appropriate RenewablesFig. 1 – Aerial Image of the Site – Overshading RiskFeasibility of Appropriate Renewables - ConclusionAppropriate Solution(s)Table 4 – Proposed RenewablesTable 5 – Renewables SpecificationTable 6 – Summary Table | 9 .10 .10 .11 .11 |
| Appendix A – Plot Detail | .13 |
| Appendix B – Possible Solar Panel | .14 |
| Appendix C – Photovoltaic Panels | .16 |
| What are Photovoltaic Panels? Space Requirements Installation Costs, Funding, Maintenance and Payback Advantages of Photovoltaic Panels Disadvantages of Photovoltaic Panels Appendix D – Solar Thermal Panels | . 16 . 17 . 17 . 17 . 17 |
| What is Solar Thermal Energy? Space Requirements Installation Costs, Funding, Maintenance and Payback Planning Requirements Advantages Disadvantages Appendix E – Air Source Heat Pumps | . 18 . 19 . 19 . 19 . 19 . 19 |
| What are Air Source Heat Pumps? Space Requirements Installation Costs, Funding, Maintenance and Payback | .21 |

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| Planning Advantages Disadvantages Appendix F – Ground Source Heat Pumps | 21 21 |
|--|----------------------------|
| What are Ground Source Heat Pumps? Space Requirements Installation Costs, Funding, Maintenance and Payback Planning Requirements Advantages Disadvantages Appendix G – Biomass | 22 23 23 23 23 |
| What is Biomass? Space Requirements Installation Costs, Funding, Maintenance and Payback Planning Advantages Disadvantages Appendix H – Combined Heat and Power | 24 25 25 25 25 |
| What is Combine Heat and Power? Space Requirements Installation Costs, Funding, Maintenance and Payback Advantages Disadvantages Appendix I – District Heating | 26 27 27 27 |
| What is District Heating? Space Requirements Installation Costs, Funding, Maintenance and Payback Advantages Disadvantages | 28 29 29 |



Executive Summary

This Energy Assessment has been compiled to demonstrate compliance with the Stroud District Council Policy ES1 (from the Supplementary Planning Document (SPD)).

The proposal is for the re-development of a former hotel into 5 flats at Pier View Hotel, Sharpness. The development will consist of four 2-bed flats and one 3-bed flat.

SAP calculations have been completed in stages to demonstrate the compliance with the Energy Hierarchy as stated in the Sustainable Construction & Design Checklist (Stroud District Council, SPD).

Firstly, SAP calculations were modelled to provide 'baseline' energy demand and emissions. Then, additional measures were applied to provide 'residual' energy demand and emissions. Finally, appropriate decentralised renewables were included in the SAP calculations to provide the final energy demand and emissions figures for comparison. More detail is provided in the following sections.

To summarize the results, the total reduction in carbon emissions from energy efficiency measures and on-site renewables is as follows:

Total CO₂ Emissions Savings

26.32%



Design Principles to Reduce Energy Consumption and Carbon Emissions

Fabric

Any new or upgraded thermal elements will utilise low U-values and good detailing. This will help to limit heat losses through the fabric of the proposed development.

Fenestration and Solar Gain

Careful consideration will be given to the fenestration, for any new glazing. Low U-values will need to be specified to limit heat losses through these areas. The glazing design allows for passive heating of the flats from solar gains. However, to minimise the risk of overheating within the flats, the glazing will be openable where practical and internal shading will be employed.

The positioning of the glazed openings will also maximise the available daylight into most of the proposed flats. This will not only improve comfort levels for the occupants but also reduce the energy consumption through artificial lighting.

Mechanical Services

A well-designed building envelope must be supplemented by appropriate services within the building.

It is proposed that the heating and hot water to the dwellings are provided by highly efficient gas boilers.

Additionally, efficient mechanical extract fans will be installed to the wet rooms.



Lighting

It is proposed that only energy efficient lighting will be installed. This means that all light fittings should have lamps with a luminous efficacy of greater than 85 lamp lumens per circuit-watt.

Renewables

Different forms of renewable technologies have been considered as part of this assessment. Please refer to the section on 'Selecting Renewables'.

Overall performance

The following tables detail how the proposed development has been specified at this stage, incorporating the above principles. Also displayed is how the building performs in relation to the building regulations and the planning requirements for ES1/SPD.



Proposed Fabric and Services Specification

Table 1 – Baseline Compliance

Showing the minimum specification required to achieve compliance with Part L.

| Category | Item | Value/Details | Part L Minimum Standard |
|---------------------|--------------------------|--|---------------------------------------|
| | Ground Floor | 0.25 | 0.25 |
| | External Walls | 0.30 | 0.30 |
| Building Fabric | Corridor Walls | 0.30 | 0.30 |
| (W/m²K) | Dormer Walls | 0.18 | 0.26 |
| | Warm Pitched Roof | 0.17 | 0.16 |
| | Cold Pitched Roof | 0.15 | 0.16 |
| Fenestration | Solid Doors | 1.00/1.40 | 1.40 |
| (W/m²K) | Windows | 1.40 | 1.40 |
| Ventilation | Mechanical Ventilation | Natural Ventilation (Extract fans fitted to wet rooms) | Natural Ventilation |
| | Primary Heating System | Mains gas boiler: Vaillant ecoTEC exclusive 835 | Programmer, room thermostat & TRVs |
| Heating | Controls | Programmer, room thermostat & TRVs | - |
| | Heat Distribution | Radiators | - |
| | Water Heating | From main heating system | - |
| | Secondary Heating System | None | None |
| | Low Energy Lighting | 85lm/W | 75lm/W |
| Additional Features | SAP Appendix Q | None | None |
| Auditional realures | Renewables | None | None |
| | Regulation 36 Compliance | 125 litres/person/day | 125 litres/person/day |



Table 2 – Additional Energy Efficiency Measures

Showing updates to the baseline specification to further reduce energy demand.

| Category | Item | Value/Details | Part L Minimum Standard |
|----------------------------|-------------------|---------------------------------------|------------------------------------|
| Building Fabric (W/m²K) | External Walls | 0.28 | 0.30 |
| Heating | Controls | Time and temperature zone controls | Programmer, room thermostat & TRVs |
| | Heat Distribution | Radiators | - |
| | Water Heating | Electric instant hot water | - |



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Selecting Renewables

Table 3 – Feasibility Matrix of Appropriate Renewables

Showing the considerations in choosing a renewable technology for this site.

| Technology | Requirements | Requirements Met? | Appropriate? | |
|------------------|---|--------------------------|--------------|--|
| | Roof facing east to west (through | Yes | | |
| Photovoltaic | south) | res | | |
| | Little/no or modest overshading | Yes* | Yes | |
| panels | Flat roof or pitched roof not greater | Yes | 162 | |
| | than 45° | 165 | | |
| | Any size development | Yes | | |
| | All requirements as for photovoltaic | Yes | | |
| Solar thermal | panels | 165 | Yes | |
| | Hot water tank possible | Yes | | |
| | Suitable external wall or other | Yes | | |
| Air source heat | location on-site for equipment | 165 | | |
| | Aesthetic considerations | No | No | |
| pumps | Noise impact | No | | |
| | Any size development | Yes | | |
| | External space for horizontal trench | No | | |
| Ground source | or vertical borehole | NO | | |
| heat pumps | Medium to large sized development | No | No | |
| near pumps | Archaeology | Unknown | | |
| | Best suited to underfloor heating | No | | |
| | Space needed for plant, fuel storage and deliveries | No | No | |
| Biomass | Medium to large sized development | No | | |
| DIOITIQ33 | Minimal impact on residents (air | | NO | |
| | quality, deliveries) | No | | |
| | Space need for plant, access and | | | |
| Combined heat | | No | | |
| and power | Large sized development (large heat | | No | |
| | demand) | No | | |
| | Available network | No | | |
| District heating | Very large sized development | No | No | |
| | (substantial heat demand) | INU | | |

*See the following aerial image demonstrating that the overshading risk is low for the likely location of any solar panels.

Please refer to Appendices B through I for more in-depth information on these technologies.

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Fig. 1 – Aerial Image of the Site – Overshading Risk



Note: the blue arrow shows the location of the proposed development at Pier View Hotel. As can be seen, there are minimal obstructions that are likely to create overshading to any potential solar panels.



Feasibility of Appropriate Renewables - Conclusion

Due to the location, size and type of development most renewable technologies are not appropriate for this site.

As a standalone technology, solar thermal panels would not provide a sufficient carbon reduction for this scheme.

Air source heat pumps would not be appropriate for this development for multiple reasons. Firstly, the flats are not designed to have underfloor heating, this would reduce the efficiency of heat pumps. Further to this, there is an aesthetic consideration given the heat pumps would each require an external condensing unit and positioning would be limited given the design of the roof and the requirement for them not to be too close to the flats due to noise issue.

However, photovoltaic panels (PV) are feasible. It is proposed that panels could be installed on the main roofs of the development. This will need to be confirmed by survey before installation.

Appropriate Solution(s)

Photovoltaic Panels



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Table 4 – Proposed Renewables

Showing renewables added to the specification to generate energy on site and reduce carbon emissions.

| Category | Item | Value/Details | Part L Minimum Standard |
|---------------------|------------|----------------------|----------------------------|
| Additional Features | Renewables | 4kWp of solar panels | - |

Please note the following:

Arrays totalling 4.00kWp of photovoltaic panels has been recommended for this building. The proposed set up is as follows:

Table 5 – Renewables Specification

| Total Array Size | Connection | Orientation | Inclination | Overshading |
|-------------------|---------------|---------------------------|-------------|---------------------|
| 2.00kWp to Plot 3 | Direct Supply | South west/ south east | 45° | None or very little |
| 2.00kWp to Plot 5 | Direct Supply | South west/ south east | 45° | None or very little |

Please note: The SAP calculation accepts 0°, 30°, 45°, 60° and 90°. The angle given is the nearest of these values to the true pitch of the PV.

This amount of PV could be achieved with two arrays of e.g. 5×400 W panels (10 x panels total) and take up an area of approximately $20m^2$ of roof space. The top two flats (Flats 3 and 5) have been selected to receive the benefit of the PV panels directly.



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Table 6 – Summary Table

Showing how energy demand and carbon emissions can be reduced by implementing the measures detailed in the preceding steps.

| Assessment Stage | Site Total | |
|---|--|--|
| Baseline Emissions | 12,250.66 kg CO ₂ /m ² | |
| Emissions after Energy Efficiency and Low Carbon Measures | 9,443.23 kg CO ₂ /m ² | |
| CO ₂ Reduction from Energy Efficiency Measures | 22.92 % | |
| Emissions After Renewables are Added to the Energy Efficiency Measures | 9,026.27 kg CO ₂ /m ² | |
| Further CO ₂ Reduction from Renewables Element | 4.42 % | |
| CO ₂ Savings from all Measures – Renewable and Energy Efficiency | 3,224.39 kg CO ₂ /m ² | |
| Total CO ₂ Reduction from all Measures. | 26.32 % | |

For further details please refer to the SAP Reports and the appendices.



Appendix A – Plot Detail

| Plot | Baseline CO ₂ (kg pa) | Additional Measures CO ₂ (kg pa) | Renewables CO ₂ (kg pa) |
|--------|-------------------------------------|--|---------------------------------------|
| Flat 1 | 2,805.50 | 2,279.92 | 2,279.92 |
| Flat 2 | 3,222.49 | 2,591.52 | 2,591.52 |
| Flat 3 | 2,258.71 | 1,630.93 | 1,422.59 |
| Flat 4 | 1,880.51 | 1,421.32 | 1,421.32 |
| Flat 5 | 2,083.46 | 1,519.55 | 1,310.93 |
| Total | 12,250.66 | 9,443.23 | 9,026.27 |



Appendix B – Possible Solar Panel



VITOVOLT 300

Photovoltaic modules Type M395WE, M400WE standard and blackframe

Datasheet



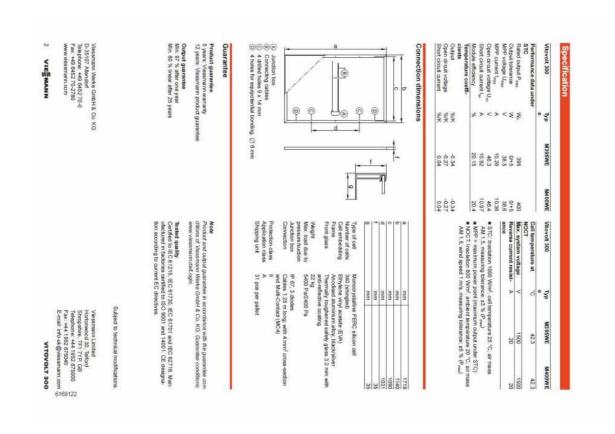


- ance
 3.2 mm anti-reflective glass for high solar yields
 High operational reliability: 2 bypass diode bridges for dependable operation
 Tested for resistance to salt spray and ammonia. Consequently suitable for use in coastal regions and areas with intensive agricultural operations
 Certified to IEC 61215, IEC 61730, IEC 61701 and IEC 62716 to guarantee compliance with international quality standards.
- ity standards.

6169122 GB 11/2020

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Appendix C – Photovoltaic Panels

What are Photovoltaic Panels?

Photovoltaic Panels (PV) panels convert the energy in light received from the Sun into electricity. There are two types of system – grid connected systems are the most common and allow electricity to be drawn from the national grid during times when the panels are not generating enough electricity to provide all the power needs. This setup also allows any surplus electricity to be sold back to the grid. Conversely, standalone systems are not connected to the grid and so require supplementing with other power generating systems or batteries to ensure that the supply of electricity is not interrupted.



Space Requirements

PV Panels are composed of a series of small solar cells that are connected together. They come in a variety of shapes, sizes and outputs and ideally will be installed on an inclined south-facing roof to maximise the power generated. Larger arrays will result in more power being generated, up to the limits of available roof space. If space is limited, solar tiles can be installed as these can fit more capacity into the same area. However, these are more expensive than traditional panel installations.



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Installation Costs, Funding, Maintenance and Payback

The average cost for a solar panel installation for a small-scale building is approximately £5,000-£9,000, although this is highly dependent on the size of array being installed. Planning permission is not usually required unless the panels are to be installed on a listed building or the property is situated in a conservation area.

The photovoltaic array can be expected to last for up to 25 years, depending on the manufacturer.

On January 1st 2020, a new government incentive scheme was introduced, known as the Smart Export Guarantee (SEG). For those installing small scale renewable technologies, with a maximum capacity of 5MW, the SEG will pay for each unit of electricity fed into the National Grid. It is anticipated that payback for a PV system could be achieved in approximately 12 years.

Advantages of Photovoltaic Panels

Electricity bills reduced Source of renewable energy Reduced carbon footprint Low maintenance

Disadvantages of Photovoltaic Panels

Relatively high upfront cost Energy generation varies with the average annual amount of radiation received Power output highly weather dependent No electricity produced at night Requires a lot of roof space for an effective array.



Appendix D – Solar Thermal Panels

What is Solar Thermal Energy?

A solar thermal system uses energy from the Sun to heat water which is then stored in a hot water cylinder.



Space Requirements

For a small scale solar thermal setup, it is suggested that approximately five square meters of south facing space will be required, to ensure that as much solar energy as possible can be collected. A sloping roof is not required as the panels can be fitted to a frame mounted on a flat roof or even hung from a wall.

Before installing a solar thermal system, it is important to check if your current setup is suitable – solar thermal systems require a hot water cylinder to store the heated water and are therefore not compatible with combination boilers or direct acting water heaters. If the cylinder present prior to the installation of the solar thermal system is not a solar cylinder, it will be necessary to either replace the cylinder with one which has a solar heating coil fitted or to add an extra cylinder with a solar coil to ensure that the system works correctly.

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Installation Costs, Funding, Maintenance and Payback

The initial cost of installing a typical small scale solar thermal system is generally between £5,000 and £9,000. There are currently no financial schemes available for solar thermal panels.

Very little maintenance is usually required after the system is installed, although it is important to have the system inspected every three to seven years by a qualified solar panel expert.

The payback costs for solar panels depend greatly on the installation costs. For example, a system costing between £5,000 and £7,000 to install has a typical payback time between 13 and 17 years.

Planning Requirements

Planning permission is generally not required for the installation of a solar thermal system. However, restrictions may apply if the building is listed or sited within a conservation area – it is advisable to check with the local council prior to installation.

Advantages

Clean and efficient water heating Easy to maintain Quiet Low carbon footprint

Disadvantages

High initial cost

Effectiveness depends on the number of hours of sunshine your area gets during the day The system is limited to only heating water – no electricity is produced Only useful if there is meaningful hot water demand



Appendix E – Air Source Heat Pumps

What are Air Source Heat Pumps?

Air source heat pumps (ASHPs) extract thermal energy from outside air (using the principles of vapour compression refrigeration), which can then be used to heat the building as well as to provide hot water. Heat pumps can also be run in reverse, cooling the building and transferring the excess heat to the outside.

There are two types of air source heat pump systems:

- 1. Air to air systems transfer the warmed air throughout the building using fans
- 2. Air to water systems transfer heat to water, which is then distributed via plumbing similar to that used in a conventional heating system with a boiler

Air source heat pumps operate at lower temperatures than traditional gas boilers. This means that these systems can be utilised more effectively with an underfloor heating setup compared to using radiators, as with underfloor heating the warmth is distributed more evenly and thus more efficiently. It is vital that the building fabric be well insulated if the benefits of an air source heat pump are to be fully utilised.





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Space Requirements

An area on the exterior of the building, such as on a wall or roof, will be required for the external unit. This ideally should be in a warmer location which not only has enough space for the unit but is also clear of obstructions to allow air to flow freely.

Additionally, space will be required for the internal unit. Typically, these are no larger than a standard hot water cylinder or boiler unit, depending on the exact setup used. However, with many setups a separate hot water cylinder, along with the space for this, is also required.

Installation Costs, Funding, Maintenance and Payback

The cost of purchasing and installing an air source heat pump system is generally between £3,000 and £11,000, depending on the size and complexity of the setup. Additional costs may be incurred if your property is particularly large. However, it may be possible to obtain payments from the Government's Renewable Heat Incentive (RHI), which will offset some of the costs incurred with installing the heat pump.

Air source heat pumps can be expected to last for up to 20 years as long as they are inspected every three to five years by a qualified technician. A typical payback period for ASHPs is around 12 years, once RHI is taken into account.

Planning

It is advisable to consult your local planning authority prior to purchasing the heat pump to establish whether there are any restrictions as to the positioning of the external unit.

Advantages

Lower fuel bills Can provide heating in winter and cooling in the summer as well as hot water year-round Low maintenance Low carbon footprint

Disadvantages

Works more efficiently with underfloor heating, or larger radiators The outdoor unit produces noise so careful siting is required Less efficient in winter due to the need to extract heat from colder air, resulting in lower Coefficient of Performance (COP) values.



Appendix F – Ground Source Heat Pumps

What are Ground Source Heat Pumps?

Ground source heat pumps (GSHPs) use pipes, buried in available land close to the building, to extract heat from the ground. Water and antifreeze are circulated around the pipes absorbing heat, which is the transferred through a heat exchanger in the heat pump into the building. From this point, the heat can be used to provide space or hot water heating, or the system can be run in reverse to provide cooling.

Ground source heat pumps operate at lower temperatures than traditional gas boilers. This means that these systems can be utilised more efficiently with an underfloor heating setup than with radiators. It is particularly vital that the building be well insulated to fully take advantage of the benefits of a ground source heat pump.



Space Requirements

There are two types of ground source heat pump systems:

- 1. Horizontal systems, which require an area of approximately 700m²
- 2. Vertical systems, which have a borehole approximately a quarter of a metre across and up to 100m deep.

Larger sites will require either a larger area or more boreholes. Whichever system is chosen, suitable access must be available for the machinery required to install the pipework, especially in the case of the drill rig required for the vertical systems.

Space must also be available for the internal unit. These are typically larger than a standard gas boiler, approximately the size of a domestic hot water cylinder.

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Installation Costs, Funding, Maintenance and Payback

Installing ground source heat pumps can cost between £10,000 and £18,000. The horizontal system is often cheaper as the expensive drill rig required to drill the borehole is unnecessary.

It may be possible to obtain payments from the Government's Renewable Heat Incentive (RHI), which will help to offset some of the costs involved with installing the heat pump. Additionally, the heat pump, if inspected regularly by a qualified servicer, can be expected to last for up to twenty years.

With low running costs and possible income from the RHI, the payback period can typically be between 8 and 12 years.

Planning Requirements

Ground source heat pumps are generally permitted, but some restrictions apply, such as with listed buildings. Consulting your local authority prior to installation is recommended.

Advantages

Lower fuel bills, especially if used to replace direct electric heating Can provide both space and hot water heating Can provide heating in winter and cooling in summer as well as hot water year-round Lower carbon footprint Low maintenance More efficient in winter than air source heat pumps due to ground temperatures remaining more constant throughout the year

Disadvantages

More expensive to install than air source heat pumps

Suitable land must be available for the pipework or boreholes

The building must be very well insulated

Works most efficiently with underfloor heating or warm air distribution



Appendix G – Biomass

What is Biomass?

Biomass is any fuel obtained from natural or organic material, such as manure, forest debris or agricultural or horticultural waste. The most common biomass energy source is wood in the form of pellets, wood chips or logs. Biomass boilers can be used as a replacement for a fossil fuel-based heat source, and are best suited to medium to large scale sites.



Space Requirements

Typically, biomass boilers are contained in a single plant room serving the whole site. This room needs to be big enough for the boiler or boilers themselves, along with water tanks and space for fuel storage.



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Installation Costs, Funding, Maintenance and Payback

The cost of a biomass boiler depends on a number of factors, including the type of boiler used, the fuel type and storage size. For example, the cost, including installation, of an automatically-fed pellet boiler can be as much as £20,000. It is important to note that biomass boilers are also eligible for the Government Renewable Heat Incentive (RHI) scheme, which provides payments to those using renewable heating systems. Therefore, despite the high initial cost, biomass boilers can have relatively short payback times of around 5-7 years.

Biomass boilers should be serviced every 12 months to ensure continued efficiency and to prevent any breakdowns.

Planning

There may be restrictions on the installation of biomass systems, due to concerns over local pollution and disruption to residents caused by deliveries.

Advantages

Sustainable energy source Reduces dependence on fossil fuels Carbon-neutral – the carbon produced is absorbed by plants which can then be used as future biomass fuel Reduces waste sent to landfill Abundant availability of fuel

Disadvantages

The burning of biomass fuels produces various gases that can contribute to local air pollution Space is required on-site for a plant room and fuel storage, as well as a designated fuel delivery area

Constructing and operating biomass energy plants are often more expensive than more traditional power plants



Appendix H – Combined Heat and Power

What is Combine Heat and Power?

Combined Heat and Power (CHP), sometimes referred to as cogeneration, is a setup in which heat and power are generated simultaneously.

Energy which is lost at various steps in producing electricity in a conventional power plant can be captured and used to provide warmth. For example, water which has condensed from the steam used to turn the generating turbine is typically cooled in large cooling towers, with all the energy lost to the air. In a CHP plant, this 'waste' heat is instead used to produce hot water, hot air or steam, which can then be distributed to heat local buildings.



Space Requirements

Significant space is required for the power plant itself, as well as the additional space required for the recovery of the otherwise wasted heat. Additionally, to use this energy effectively, a large pipe network is needed to distribute the heat around the local area.



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Installation Costs, Funding, Maintenance and Payback

The costs involved with setting up a CHP system, especially if the power plant is being constructed along with it rather than converted, are relatively high. As a result of this, these schemes tend to be large-scale long-term projects.

The network must be kept well maintained to avoid loss of service and to ensure continued operation. However, a large-scale network can heat a wide area more efficiently than with individual building heating systems, providing good long-term return on investments.

Advantages

The CHP process can be applied to power plants that use either renewable or fossil fuels as well as those which use a combination of the two

Emissions are generally lower than other electricity and heat producing systems

A variety of energy consumers can benefit from the installation of a CHP plant, including hospitals, schools and industrial sites

Disadvantages

CHP plants need to be local to their users to ensure as little energy is lost in the transmission as possible.

The technology needed is expensive and more complex. Maintenance costs can also be greater

Considerable amount of space is required for a full-size CHP setup, making it suitable only for larger sites



Appendix I – District Heating

What is District Heating?

Instead of relying on one boiler for each unit on site, district heating utilises hot water or steam from a single communal heat source and distributes that energy to a variety of consumers through a network of insulated pipes. This network can be as large as desired, allowing entire communities to benefit, as well as reducing the need for additional energy to be produced specifically for heating buildings in the local area.

In the individual property or building, a heat interface unit (HIU) gives the consumer control over the hot water they use in a similar manner to that provided by a traditional boiler.



Space Requirements

An energy centre or large plant room would be required for this type of system. Depending on the scale of the heat network, pipework may need to be laid underground to distribute the hot water across the site or to the local area.



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Installation Costs, Funding, Maintenance and Payback

The initial cost of setting up district heating, including the plant and infrastructure needed to deliver the heat, is relatively high and so these large-scale schemes tend to be a long-term investment.

Regular maintenance is essential to ensure continued efficiency and to prevent any breakdowns.

Advantages

More energy efficient as energy which is otherwise wasted can be used Lower carbon emissions Has the potential to reduce heating costs

Disadvantages

If the main fuel source experiences problems, whole areas could potentially be without heating or hot water

Can in some cases be more expensive than traditional heating

A large network is required to gain full benefit – it is only suitable for use on very large sites or where there is a network already present