Construction (Design & Management) Regulations 2015

B J Plant Hire Ltd (Formerly Towlers Coaches Ltd) Church Road Emneth Wisbech Cambs PE14 8AA

Demolition of old garage building and construction of 3 single storey dwellings

Construction Phase Plan



Document Reference CES/2023/3

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1.0	Project Contacts &	Details		
1.1	Client	B J Plant Hire L	td	
		Gypsy Lane		
		Rands Drove		
		Marshland St Ja	nmes	
		Wisbech		
		Cambs		
		PE14 8HA		
		Contact:	Ben Button	
		Mobile:		
		Office:		
		Email:		
4.0	D: : 1D :	050111		
1.2	Principal Designer	CES Ltd		
		Enterprise Work	S	
		Bergen Way	Tot.	
		North Lynn Ind I	=81	
		King's Lynn		
		Norfolk PE30 2JG		
		Contact:	lan Mason	
		Mobile:	Tan Macon	
		Office:	01553 691916	
		Email:	lan@ceshealthandsafety.co.uk	
1.3	Architectural	TBC		
	Designer	4		
		Contact:		
		Mobile:		
		Office:		
		Email:		
1.4	Principal Contractor	B J Plant Hire L	td	
		Gypsy Lane		
		Rands Drove		
		Marshland St Ja	nmes	
		Wisbech		
		Cambs		
		PE14 8HA		
		Contact:	Ben Button	
_		Mobile:	24045 40005	
		Office:	01945 430227	
		Email:	Ben@bjplanthire.co.uk	
	Timescales	Anticipated Star	t Date: Early 2024	
-		, introspatou otal	Latin Larry Lot 1	
		Scheduled Com	pletion: 2025	
	I amouth of Contract			
	Length of Contract	78 weeks		

This project will require notification to the HSE

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2.0	Contractors Contac	ts & Details
2.1	Scaffolding Contractor	TBC
		Contact: Mobile:
		Office:
		Email:
2.2	FI (10 ()	TBC
2.2	Electrical Contractor	
		Contact:
		Mobile:
		Office:
		Email:
2.3	Plumbing and Heating Contractors	TBC
		Contact:
		Mobile:
		Office:
		Email:
2.4	Contractor	
		Contact:
		Mobile:
		Office:
		Email:
2.5	Contractor	
		Contact:
		Mobile:
		Office:
		Email:

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3.0 Roles and Responsibilities

Clients: Summary of Duties under the Regulations

Clients are organisations or individuals for whom a construction project is carried out.

Make suitable arrangements for managing a project.

This includes making sure:

- other dutyholders are appointed;
- sufficient time and resources are allocated.

Make sure:

- relevant information is prepared and provided to other dutyholders;
- the principal designer and principal contractor carry out their duties;
- · welfare facilities are provided.

Designers: Summary of Duties under the Regulations

Designers are those, who as part of a business, prepare or modify designs for a building, product or system relating to construction work.

When Preparing or modifying designs, to eliminate, reduce or control foreseeable risks that may arise during:

- Construction, and
- The maintenance and use of a building, structure or utility equipment once it is built
- Provide information to other members of the project team to help them fulfil their duties.

Principal Designers: Summary of Duties under the Regulations

Principal Designers are designers appointed by the client in projects involving more than on contractor. They can be an organisation or an individual with sufficient knowledge, experience and ability to carry out the role.

Plan, manage, monitor and coordinate health and safety in the pre-construction phase of a project. This includes:

- identifying, eliminating or controlling foreseeable risks;
- ensuring designers carry out their duties.
- Prepare and provide relevant information to other dutyholders
- Provide relevant information to the principal contractor to help them plan, manage, monitor and coordinate health and safety in the construction phase.

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Principal Contractors: Summary of Duties under the Regulations

Principal Contractors are contractors appointed by the client to coordinate the construction phase of a project where it involves more than one contractor.

Plan, manage, monitor and coordinate health and safety in the construction phase of a project. This includes:

- liaising with the client and principal designer;
- preparing the construction phase plan;
- organising cooperation between contractors

Ensure:

- suitable site inductions are provided;
- reasonable steps are taken to prevent unauthorised access;
- workers are consulted and engaged in securing their health and safety; and
- welfare facilities are provided.
- systems are put into place to manage the spread of COVID-19 Coronavirus.

Contractors: Summary of Duties under the Regulations

Contractors are those who do the actual construction work and can be either an individua company.

- Plan, manage and monitor construction work under their control so that it is carried out without risks to health and safety.
- For projects involving more than one contractor, coordinate their activities with others in the project team – in particular, comply with directions given to them by the principal designer or principal contractor.
- For single-contractor projects, prepare a construction phase plan.

Workers: Summary of Duties under the Regulations

Workers are the people who work for or under the control of contractors on a construction site.

They must:

- be consulted about matters which affect their health, safety and welfare;
- take care of their own health and safety and others who may be affected by their actions;
- report anything, they see which is likely to endanger either their own or others' health and safety;
- cooperate with their employer, fellow workers, contractors and other dutyholders.
- comply with COVID-19 Coronavirus procedures

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4.0 Introduction

Under the Construction (Design and Management) Regulations 2015 (CDM 2015) a **Construction Phase Plan** is required for every construction project.

If you are working for a domestic client, you will be in control of the project if you are the only contractor or the principal contractor.

You will be responsible for:

- preparing a plan;
- organising the work; and
- working together with others to ensure health and safety.

You could be a builder, plumber or other tradesman, doing small-scale routine work such as:

- installing a kitchen or bathroom;
- structural alterations, e.g. chimney breast removal;
- roofing work, including dormer windows;
- extension or loft conversion.

If the job will last longer than 500 person days or 30 working days (with more than 20 people working at the same time) it will need to be notified to HSE and it is likely to be too complex for this simple plan format.

This project will require notification to the HSE

5.0	Plan		
What is the job?		emolition of an old coachworks garage and construction of 3 new single storey wellings and associated works including main services.	
Is there anything the client has made you aware of?		Access arrangements, position of buried and overhead services	
Are there any existing hazards?		Asbestos sheet roofing (Asbestos sheet cement) Overhead telecom lines	
Toilet, v	vashing and ilities?	Welfare and toilet will be placed on the site. Contractors vans will also be used for rest breaks.	

Additional Information.

The Principal Contractor will have a fenced off area for plant and materials etc.

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6.0 Organisation		
Falls from height	Hazard is	What controls
Make sure ladders are in good condition, at the correct angle and secured Provent as a glass and as a facilities forms and a secured.	Present	do you have
 Prevent people and materials falling from roofs, gable ends, working platforms and other open edges using guardrails, midrails and Toeboards 	✓	See below
Falls from plant and machinery etc		
Falls from scaffolding Scaffolding will be erected by a competent scaffolding company.		
Scaffolding will be inspected as required.		
Fall of materials from scaffolding - Scaffolding will have brickguards and Toe	boards to pr	event materials
from falling.		
Collapse of excavations		
Shore excavations; either cover or barrier excavations to stop people and	✓	See below
plant falling in		
Excavations will be supported when required. It is unlikely that any deep excavat	ion work wil	I be required.
Collapse of structures		
	✓	See below
The existing building will be dismantled with a systematic approach. Limited people on site.		
Nobody will be inside the building during demolition.		
Systematic approach to the demolition work. Roof to be removed with scissor life	ts and remo	ved by licenced
waste company. The building will be dismantled/demolished using a selector grab		
 Exposure to building dusts Prevent dust by using wet cutting and vacuum extraction on tools; use a 		
vacuum cleaner rather than sweeping; use a suitable, well-fitting mask	✓	See below
vacuum cicarior tatrici anari circoping, acc a canabic, tron mang mack		
Yes, Dust to be suppressed with water where practical.		
Dust masks to be worn		
Water will be used as dust suppression during removal of roof and walls etc.		
Exposure to asbestos		
If you suspect that asbestos might be present, don't start work until a		New Build
demolition/refurbishment survey has been carried out	•	New Balla
Make sure everyone on the site is aware of the results Only trained and appropriate and	- 1-	
Only trained and competent employees will remove asbestos containing roof she	eets.	
Activities or workers requiring supervision	/	
Who will be supervising? Has the Supervisor any Qualifications?	V	
The Contractors will be programmed such that they will only be few contractors of	on site at a t	ime.
Principal Contractor to provide site supervision.		
SSSTS Trained		
Electricity	٠	_
Turn electricity supply and other services off before drilling into walls	✓	See below
Do not use excavators or power tools near suspected buried services The electricity output has been removed from the building and a Temporary Building.	vo Cuncled	no boom imatalla d
The electricity supply has been removed from the building and a Temporary Builders Supply has been installed in separate kinek		
in separate kiosk. Underground services have already been located and identified.		
2.1.2.1.g. balla bel 1.000 have alloway soon lookloa and identified.		

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 Risks to members of the public, the client and others Keep the site secure to prevent unauthorised access; net scaffolds, use rubbish chutes 	✓	
Erect construction signage.		
Erect fencing to fully enclose the construction working area. No Parking on Chur	ch Road.	
Other dangers on site	✓	See below
Plant Movements		
Deliveries/collections		
All vehicles will be parked on site. No Parking on Church Road.		
Environmental Risk		See below

The site has been previously used as a motor vehicles garage for coaches. There is evidence of waste oil at the rear of the side. Oil drums will be removed and disposed of by a licenced waste contractor. Any contaminated land/soils will be excavated and placed in a waste skip for removal by a licenced waste contractor.

Some concrete foundations will need to be excavated and removed from site.

No visible evidence of Japanese knotweed was identified

If any other areas are seen to be contaminated these areas will be excavated and removed as above.

Once the building has be demolished and demolition waste removed, the site will require further sampling in the area marked below.

See environmental survey for more details. EPS Reference Number: UK22.5768b (also see information below)

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Approximate Site Boundary

Area of Made Ground Removal

Area Requiring Additional Sampling

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The nearest hospital with an Accident and Emergency facility is located at: A & E Emergencies Minor Injuries Only Queen Elizabeth Hospital Gayton Road Kings Lynn Norfolk PE30 4ET Tel: 01553 613613

There will be a trained First Aider on Site at All times

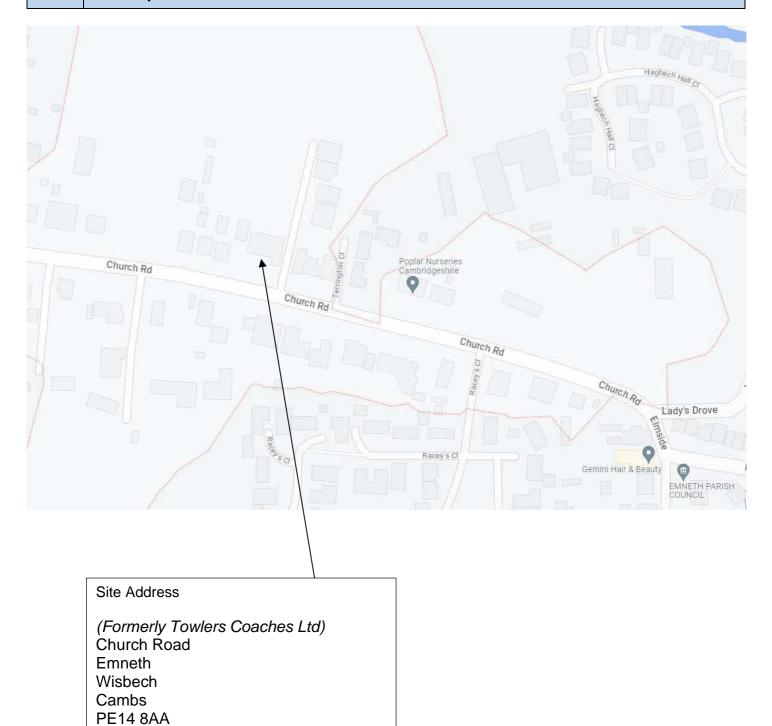
8.0 | Site Induction/Site Rules

- 1. All operatives will attend a site induction.
- 2. ALL Contractors are to be briefed the contents of this document.
- 3. Each operative will provide the relevant "Proof of Competence and Training" certificates before work commences.
- 4. Contractors bringing any plant, machinery, lifting equipment or electrical tools to site will provide relevant testing certificates for each item of equipment.
- 5. The site is designated a "Hard Hat, Hi Vis clothing and Safety Footwear Site" and therefore all operatives will wear hard hats, Hi Vis Jackets and safety boots/footwear at all times.
- 6. All operatives will wear/use any other items of P.P.E. required by the site rules and as indicated as a result of a risk assessment.
- 7. All operatives will observe the site signage.
- 8. Under no circumstance will lone working be allowed.
- 9. No Smoking on Site.
- 10. No Loud Music Radios and No Music Headphones.
- 11. No Unnecessary Shouting or Bad Language
- 12. Working times: Monday Friday: 07.30 17.00 hours (times may vary during winter period)
- 13. See site plan.

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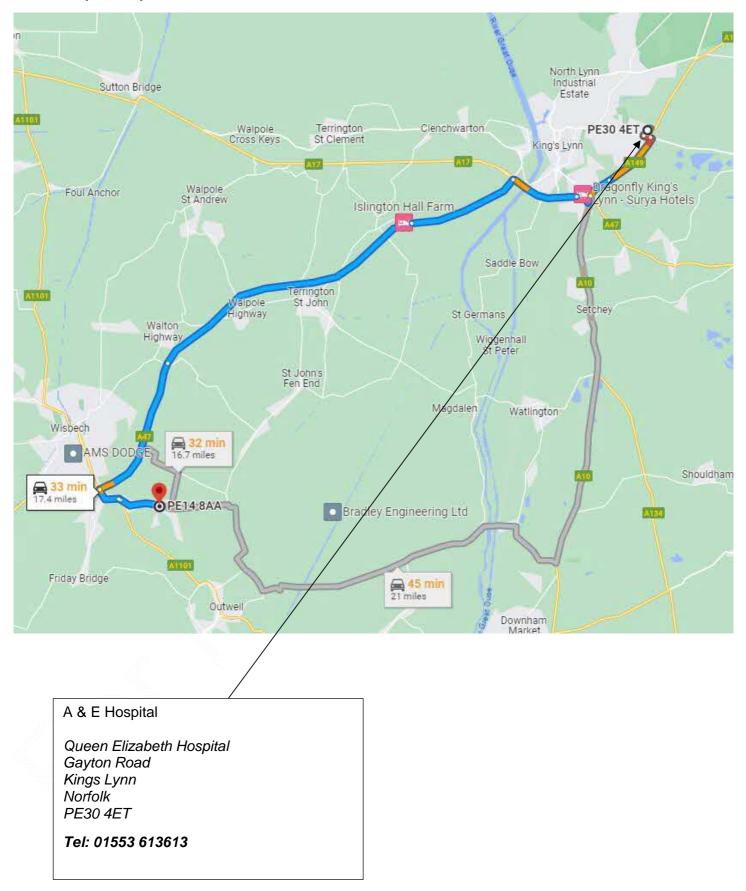
9.0 Site Map



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A & E Hospital Map



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10.0 **General Site Precautions**

		1	T	T
1	How is the fire alarm raised?			By Air Horn and Shouting
2	Is a site signing in book in place?	Yes ✓	No	Located with the Site Office
3	Where is the nominated assembly point?			Near the site entrance
4	Are fire plans displayed?	Yes ✓	No	As per Site Induction by PC
5	How will these be issued to site staff?	Yes ✓	No	Via Induction
6	Arrangements in place for weekly check for firefighting equipment and escape route?	Yes ✓	No	Site Managers Responsibility
7	Are key persons trained in fire safety? If No what arrangements:	Yes ✓	No	Site Manager
8	System in place to record fire drills? At what intervals?	Yes ✓	No	As per PC's arrangements/ instructions
9	Who will liaise with Local Fire Service?	Site Ma	nager	
10	How will the Fire Service access routes be kept clear?		1	Main entrance and main access route will be kept clear at all times.
11	Details of hot work permit system.	Yes	No ✓	N/A
12	How will site be kept secure?	Heras F	encing	
13	Is there any overlap with existing systems?	Yes	No ✓	N/A
14	What are arrangements for storage of L.P.G's and flammable liquids?	Yes	No ✓	N/A
15	How/Where will other materials be stored?	Yes ✓	No	On Site and in secure container in fenced area supplied by the Principal Contractor within the site boundaries.
16	How/Where will waste materials be stored?	Yes ✓	No	Material will be placed in waste skips
17	Requirements for plant and extinguishers?	Yes ✓	No	There will be fire extinguishers available on Site in the work area.

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18	"NO SMOKING" policy to be followed. Is this applicable everywhere?	Yes	No ✓	Smoking only permitted within the designated area near site entrance.
19	Date at which plan to be reviewed?			As required by site conditions
20	Are key personnel aware of their responsibilities?	Yes ✓	No	Yes, via induction

11.0 **Fire Safety Plan Information**

Key Personnel		
Nominated Fire Marshal	Lee Button	
First Aider	Lee Button	
		1000 1000 1000 1000 1000 1000
Contacts Manager	Ben Button	
Site Manager	Lee Button	

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