



Statement

**To Accompany the
Change of Use Application**

For

Alteration to form a sports performance coaching facility.

Site Address

No.5 Woodside Holding

East Fortune

North Berwick

East Lothian

EH39 5LF

For

Sandy Pate

The proposal is to partition off one third of the existing general-purpose building to form a sports performance coaching facility. The other part of the building will remain under its current use.

The plan is to use the building for 1-1 sports performance coaching, having clients in receiving a private gym session one at a time (sometimes 2 clients as both coaches would be working out of the unit). Clients would just come for the hour session and leave again. No one would have access to train in the facility unless the coaches were on site. It's an exclusive and private service that is provided. In terms of hours, this changes with new clients coming in, currently the coaches can work from 6am in the morning until 9pm at night Mon-Fri. However, this is spread out so may be a few sessions at 6/7am and a few later in the day. Sometimes the coaches may be finished by lunch time and other days they won't be in at all. They would also be coaching out of the facility at weekends (mainly mornings).