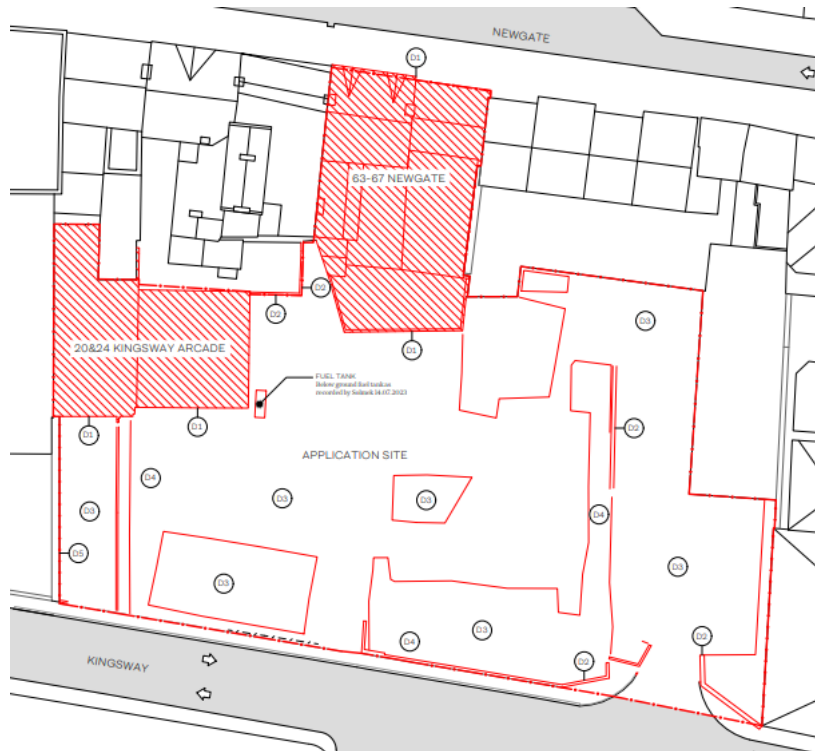


## DEMOLITION TO KINGSWAY DEVELOPMENT



## DEMOLITION TO TO BE CARRIED OUT FOR THE AUCKLAND PROJECT BY CENTURY DEMOLITION

# **HEALTH AND SAFETY MANAGEMENT SYSTEMS**

**START DATE:** December 2023

**PROJECT DETAILS:**

Strip out and demolition of redundant buildings on Newgate Street and Kingsway.

**SITE OPERATING PROCEDURES WILL BE ADHERED TO AS PRODUCED BY THE CONSTRUCTION LEADERSHIP GROUP**

**DURATION /NORMAL WORKING HOURS**

**Hours of Work:**

Monday to Fridays                      8am- 4:30pm  
Saturdays                                      TBC

**Comments:**

Great care needed at all times during demolition and strip out of redundant shops. The surrounding public areas must be taken into consideration at all times.

**LOCATION**

ADDRESS	<b>Newgate Street, Bishop Auckland, DL14 7EW</b>
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## INTRODUCTION

This projects Health and Safety management system describes the specific arrangements and duties related to Health and Safety for this project. It includes factors relevant under both the Health and Safety at Work Act and the Construction (Design and Management) Regulations 2015.

## PROJECT SAFETY POLICY

The Management of **Century Demolition Ltd** recognises that as employers they and their employees have duties placed upon them by the Health and Safety at Work Act 1974. That **Century Demolition's** Management will conduct its activities in such a way that it complies with all the relevant Statutory Legislation, Approved Codes of Practice and General Guidance, And the requirements of the Client

## HEALTH & SAFETY STATEMENT AND OBJECTIVES

It is the Policy of the management: -

- To ensure that this and every project we carry out is accident free.
- We aim to ensure that we communicate with other interested parties and do not harm members of the public whilst carrying out our operations.
- We will aim to complete the project in line with the contract requirements but this will not be achieved at the expense of safety. Safety will be paramount on this project and this will be achieved by constant communication with other contractors and adjacent land uses
- Provide a place of work that is safe and without risk to the health and welfare of all its employees, independent contractors, members of associated companies, our customers and for the General Public.
- Provide appropriate training to meet with current Legislation.
- Seek to continually improve its Safety, Health and Welfare performance.
- Monitor the performance of activities against this safety policy statement. Noise and Vibration two of the Major Risks and this will be monitored. Main Contractor to carry out the Noise Monitoring where required
- Make safety an integral part of the management of the company.
- Comply fully with the law.
- Make regular reviews of the safety policy and institute improvements, where possible.
- Consult with employees periodically to ascertain what measures should be taken to increase awareness of health and safety and to ensure that all necessary measures are taken to make this policy effective.
- The Company recognises that there is a requirement to consult with employees under provisions of The Management of Health and Safety at Work Regulations 1999, The Construction (Design and Management) Regulations 2015 and the Health and Safety (Consultation with Employees) Regulations 1996 and will therefore encourage full employee participation in all matters relating to health and safety. Employees will be afforded every opportunity to discuss health and safety issues with a senior manager of the Company, or with the Safety Manager should the employee choose to do so. Participate with our clients in the promotion of Health and Safety issues and good construction practise.

## PROGRAMME FOR THE WORKS

The work proposed in the adjoining method statements will be executed as per the programme that will be supplied by the Principal Contractor.

## LEGISLATION AND WELFARE OBJECTIVES

All work will be carried out in accordance with H.S.E. guidance notes along with all current applicable legislation, and with due regard to the welfare of all site staff, and without putting at significant risk their health and safety and that of others who may be affected by the works, particularly the public.

## PERMITRY SYSTEM AND SITE REGULATIONS

All working methods will be designed to comply with the employers Safe System of Work with due care being taken of the need to comply with regulations and working procedures.

## ISOLATIONS OR TERMINATION

Prior to the commencement of the work **Century Demolition Ltd** will ensure all services have been disconnected or terminated and evidence provided by **The Auckland Project** to substantiate this. Any services which are to remain live to be clearly marked as such and all operatives made aware of the location of any live services. A permit to work will be issued by **The Auckland Project** prior to works commencing.

## SITE INDUCTION

**Century Demolition Ltd** will ensure that all operatives employed on the site will undergo a site induction before any work commences carried out by Site Supervisor. The Induction is to include all safety aspects concerned with the work and all hazards concerned within the close proximity of the surrounding area and site conditions and restraints and working adjacent to the General Public.

## EMERGENCY PROCEDURE

Emergency procedures are controlled by **Century Demolition Ltd** and details are given at the site induction. All personnel and visitors under the control **Century Demolition Ltd** will attend a site induction and adhere to all site rules all the time. **Century Demolition Ltd** will ensure that good access and egress is maintained throughout their operations allowing free access for emergency vehicles. All emergency procedures will comply with the Principal Contractor's site process; site process will be detailed within the site induction.

## WORKFORCE / OPERATIVES

Only persons with good records of previous experience in the construction industry will be employed for these works. All operatives will be fully trained to enable them to carry out their duties properly in accordance with agreed work methods and programs. All personnel are encouraged to take reasonable personal care and to co-operate to prevent harm to the health or safety of themselves or others.

## LABOUR AND SUPERVISION ARRANGEMENTS

Only experienced operatives who have undergone safety training will carry out the work. If the operative is in the process of undergoing training he will be supervised by a fully trained and competent person. All **Century Demolition Ltd** operatives will be supervised by an experienced **Century Demolition Ltd** Site Supervisor.

## HEALTH AND SAFETY MANAGEMENT SYSTEMS RESPONSIBILITY

### Century Demolition Ltd Supervisor/s

NAMES	CONTACT TELEPHONE NUMBER
<b>KEVIN THEXTON (DEMOLITION MANAGER)</b> <b>MARTIN APPLEBLEY (ASBESTOS MANAGER)</b>	<b>07475 106 971</b> <b>07584 404 979</b>
<b>KEVIN THEXTON (COMPANY DIRECTOR)</b>	<b>07716 484 668</b>

**Century Demolition Ltd** Site Supervisor on site whose responsibilities will include the day to day running of site activities under their control, safety on site and the organisation of the Health and Safety management system. The Site Supervisor/Foreman will also communicate and liaise with the Main Contractor on a day to day basis.

### RESPONSIBILITIES

PARTIES	NAMES OF PARTIES	TEL: NUMBERS
Client	<b>The Auckland Project</b>	
Principal Contractor		
Contractor responsible for the work	<b>Century Demolition Ltd</b>	<b>07716 484 668</b>
Sub Contractors to <b>Century Demolition Ltd</b> Demolition		
<b>Director responsible for Health &amp; Safety</b>	Kevin Thexton	<b>07716 484 668</b>
Demolition Manager	Kevin Thexton	<b>07475 106 971</b>
Asbestos Manager	Martin Appleby	<b>07584 404 979</b>

### FIRST AID

**Century Demolition Ltd** will ensure that a qualified first aider will be on site at all times, and that First Aid boxes are provided and checked regularly by the qualified First Aider on Site.

The first aid person and first aid provisions will be provided by **Century Demolition Ltd**

<b>Century Demolition Ltd First Aid Persons</b>	<b>KEVIN THEXTON</b>	<b>07475 106 971</b>
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### ACCIDENT AND EMERGENCY

**Century Demolition Ltd** will ensure an accident book is kept on site to record any accidents etc. Under the Health and Safety Regulations certain incidents concerning accident or injury will be notifiable to the Health and Safety Executive.

All accidents, whether, or not involving injury, will be enquired into to determine the underlying cause(s) and any actions necessary to prevent a recurrence. All accidents will be reported to **The Auckland Project** immediately, any investigations will be jointly carried out with **The Auckland Project** and **Century Demolition Ltd**. **Century Demolition Ltd** will support and aid **The Auckland Project** in analysis of all incidents.

### TRAINING REQUIREMENTS

Ongoing training will be given to all operatives and this will take the form of regular toolbox talks given by **Century Demolition Ltd** Site Manager/supervisor or if requested to by the Main Contactors Site Manager. Certificates will be available for inspection for all operatives on site and will include CSCS cards, asbestos awareness, DOSA, plant equipment. **Century Demolition Ltd** will promote any safety initiative required throughout the project. **A copy of**

**the full training records will be held on site during the project period.** A copy of the Training Matrix is available to the rear of this Plan of Works.

### **PLANT/EQUIPMENT MAINTENANCE**

**Century Demolition Ltd** will ensure that plant or equipment used in the scope of the work will be suitably maintained, records of which will be available on site or at the company premises.

### **ACCESS FOR WORK AT HEIGHT**

Any work required at height will be undertaken from one of the following means of access, as appropriate:

- Approved scaffolding, either tube or clip erected by a competent sub-contractor, or a patent system. Any sub-contractor will be approved by the Principal Contractor prior to commencing any works.
- Aluminium tower scaffold.
- Mobile Elevating Work Platforms (MEWP) fitted with control guards as required.
- **Steps/Ladders (Heavy Duty) will not be used on this project for height work.**

### **ACCESS AND EGRESS**

Access and egress will be established to the work areas. Establish pedestrian routes to separate the operatives from machine operations.

### **VISITORS TO SITE**

Any visitors to the site associated with **Century Demolition Ltd** activities such as for example, delivery drivers, will be instructed to report to the Site Supervisor and will be required to wear safety equipment when on site, such as safety helmet, High Vis jackets/trousers, gloves, glasses and safety boots and must be accompanied by a representative on site.

### **AMENITIES**

**Century Demolition Ltd** will ensure that welfare facilities are provided on site a self-contained facility with hot running water, hand cleaning agent, paper towels and facilities for heating food and boiling water. This will be sited and fully commissioned prior to works commencing.

### **DUST**

Where there is a likelihood of dust being generated by the work carried out by **Century Demolition Ltd** operatives, they will ensure that any dust arising is kept to a minimum with the use of dust suppressants etc, a water bowser and relevant dust suppression equipment will be on site to alleviate dust migration to adjacent areas. It is paramount that the dust and noise is kept to an absolute minimum due to the live adjacent buildings surrounding the Area

### **NOISE**

Reduction of Occupational Noise

Every attempt shall be made to control noise at source. Noise levels will be reduced where possible as a priority and personal protective equipment will be used as a last resort and exclusion zones will be established wherever required PPE will always be the last line of defence. We will also keep the use of machines within the normal working hours on site.

### **Personal Protection**

Where any person is liable to be exposed to **Century Demolition Ltd** noise levels greater than the recommended level they will be informed and will provide them with suitable ear protection.

**EMERGENCY PROCEDURES**

Emergency procedures are the responsibility of the **Century Demolition Ltd**, and the Principal Contractor’s procedures will be adhered during all operations. The Site supervisor will ensure that all **Century Demolition Ltd** personnel under his control on site will attend the site inductions where they will be informed of the emergency procedures. Emergency procedures will be site specific and will form part of the site induction and include. Access and egress to site. All Site Inductions will be carried out by **Century Demolition Ltd** prior to works commencing

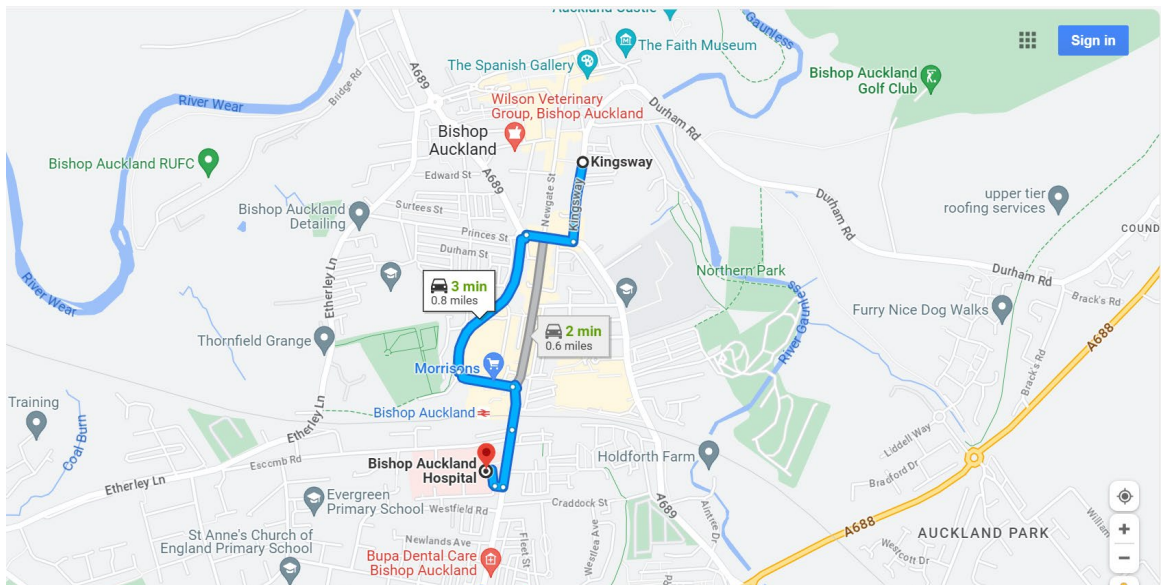
Requirements	Actions
The method for raising the alarm	Air Horn
Where the Emergency Exits are	TBC- these will be given in the site induction
The whereabouts of the assembly point	TBC – this will be given in the site induction
Roll call responsibility	Site Supervisor to check against sign in sheet
Emergency Telephone numbers	Kevin Thexton – 07475 106 971 Further details on site notice board
Nearest Hospital	Bishop Auckland Hospital - Urgent Care Darlington Memorial Hospital - A&E Department
Liaising and Contacting Client	Kevin Thexton – 07716 484 668

**MEDICAL ASSISTANCE**

Should you require medical assistance you will be conveyed to the urgent care department of:

Name: Bishop Auckland Hospital  
 Address: Cockton Hill Road, Bishop Auckland, DL14 6AD  
 Telephone Number: 01388 455000

Directions:



## CONTINUING LIAISON

Each morning before work commences **Century Demolition Ltd** Site Supervisor will discuss the day's work programme with the Operatives. All hazards associated with the work will then be highlighted to all personnel. The operatives are encouraged to participate in these talks and bring to light any problems, hazards or safety issues encountered on the project. This liaison will be recorded in the site diary on a daily basis.

If the method of work changes during the project due to unforeseen circumstances, **Century Demolition Ltd** will amend the method statement and amendments will be submitted to the Client for approval.

The site manager will also continuously liaison with the local community, answering any queries they may have about the project. There will be an email address and phone number on the entrance to the site which the public can send any complaints to which will be dealt with accordingly or passed onto the client if needed.

## METHOD OF WORK

1. Ensure that the area of work is secure with no access to pedestrians or staff.
2. Where applicable the Site Supervisor will liaise with the surrounding General Public and Staff from the estate to make them aware of the work, traffic, possible noise and dust, this will be a continuous process as the works proceed. It will be closely monitored and kept to a minimum at all times to avoid any significant disruption.
3. Erect demolition warning signs to the heras fencing that will be used to secure the rear car park.
4. Ensure any known services are isolated or terminated prior to commencement, **The Auckland Project** to issue certification in writing to confirm disconnection or termination of existing Services.
5. All services that will still be live will be clearly marked and identified by The Auckland Project.
6. All live services will be pointed out in our Tool Box Talk before work commences.
7. Check and ensure the structures are all clear of environmental issues and nonessential personnel prior to commencement of demolition.
8. Ensure there is sufficient information for the task to be carried out safely, Design or Utility drawings, Demolition and Refurbishment Asbestos Survey, Site specific risk assessments.
9. Mobilise skips and plant applicable to the tasks to be undertaken and site in a suitable location prior to works commencing. The locations for skips and transport will be highlighted on a site Map.
10. Separate skips will be used for the different types of waste to minimise the effect on the environment. All materials that can be recycled will not be placed in general waste bins. All Brick and Stone that is being recycled will be cleaned and palleted offsite or within a fenced off area adjoining the site.
11. Demolition will then commence with the strip out of Newgate Street. Working from the rear moving towards the front of the building, making sure no rubbish is stacked and is immediately placed in recycle bins.
12. During the strip out, water will be used to keep the dust levels at an adequate level. We will have fresh air coming into the buildings too to help with the dust. Dust Masks will also be used by the labourers.
13. All materials will be loaded into a telehandler bucket from designated points to the rear of the property and placed into the recycle bins.
14. Once strip out is done, we will demolish the single story buildings right to the front street. This will leave space around the three storey section to erect the scaffold and the hand demolition can commence bringing it down to single story level then it can be removed by 360 machine.
15. Last to be demolished will be the Kingsway buildings. Once the interiors are stripped out, all areas adjoining other properties will be separated including roofs ready to be



demolished by the 360. All neighbouring walls will be left to the height stated in the tender.

16. Removal of all demolition debris arising off site to licenced recycling facility.
17. Demobilise and leave the site clean safe and tidy to enable the redevelopment works to continue which will be carried out by THE AUCKLAND PROJECT.

## **PRELIMINARY WORK**

Before any work commences **Century Demolition Ltd** Site Supervisor will ensure that there is good access and egress to all work areas. Suitable parking spaces will be made available. Great care will have to be taken by all vehicles accessing and egressing the site to prevent spoils from site migrating onto the highway. Cars and wagons will used hardstanding as much as possible and mud will be cleaned up after every work day. If the highway is in a bad condition road sweepers will be used to clean effectively. Car parking will be clearly marked and visitors will be fenced off from the main site just to enable them to visit site office.

Establish the full extent of the work area demarcation and exclusion zones set up to prevent access by nonessential personnel with the use of heras fencing or flicker tape and barriers.

Any live services in work areas will be clearly identified before work commences.

A suitable location will be designated to store all plant, tools and materials. The materials will be stored safely in lockable cabins so that it neither impedes access and egress nor interferes with other site operations. All materials delivered to site will have a COSHH assessment carried out. All unloading of materials will be carried out by a competent person in a designated area highlighted on the site plan.

### **Personal Protective Equipment**

Safety helmets EN 397	✓
Safety boots or shoes EN345/346	✓
Gloves (Heavy duty rigger gloves)	✓
Eye protection EN166	✓
Dust masks or Respirator EN149 FFP3 (S)	✓
Ear Defenders to EN352-2	✓
Hi-Vis Vests/Coats	✓

### **Plant and Equipment**

Roll on Roll off skips	✓
Propane cutting equipment	✓
8wheeler wagons tippers and Roll on Roll off hock loaders	✓
JCB Teleporter c/w bucket and forks	✓
Fire Extinguishers	✓
Alloy access towers and Hop ups	✓

### **Procedures applicable to this project (SEE ATTACHED PROCEDURE STATEMENTS) –**

Procedure 001 Soft Strip	✓
Procedure 003 Remote Demolition	✓
Procedure 009 Hot Works	✓

## **CENTURY DEMOLITION LTD RISK ASSESSMENT INDEX**

The Risk Assessments listed below are for activities generally found on Demolition sites. This list is not exhaustive and must be continually reviewed to reflect additional risks which may arise from site conditions or from new activities. Any significant findings of these Risk assessments must be communicated to all employees ensuring that they are trained in the use of all the control measures

Client:	<b>The Auckland Project</b>
Project:	<b>47 Newgate Street</b>

**Operatives are to wear the RPE / PPE as listed on each procedure sheet for the specific operation**

Ref No	Hazards	✓
CDL/DRA/001	Working with Abrasive Wheels	✓
CDL/DRA/002	Working on Access Scaffolds	✓
CDL/DRA/003	Asbestos Removal	✓
CDL/DRA/004	Aspergillus	
CDL/DRA/005	Compressed Air and Air Operated Tools	
CDL/DRA/006	Working in Confined Spaces	
CDL/DRA/007	Control of Substances Hazardous to Health (CoSHH)	✓
CDL/DRA/008	General Demolition Procedures	✓
CDL/DRA/009	General Dust	✓
CDL/DRA/010	360° Excavators	✓
CDL/DRA/011	Fire Hazard (Demolition & Dismantling)	✓
CDL/DRA/012	Flame Cutting Equipment	✓
CDL/DRA/013	Hand Demolition	✓
CDL/DRA/014	Hand Tools	✓
CDL/DRA/015	Heras Style Fencing	✓
CDL/DRA/016	Working at Height	✓
CDL/DRA/017	Live Services on Site	✓
CDL/DRA/018	Manual Handling on Demolition Sites	✓
CDL/DRA/019	Mobile Cranes	
CDL/DRA/020	Inoculation Injuries	✓
CDL/DRA/021	General Noise	✓
CDL/DRA/022	Working Adjacent to Roads & Footpaths	✓

CDL/DRA/023	Working from Scaffold Towers	✓
CDL/DRA/024	Slips, Trips and Falls	✓
CDL/DRA/025	Soft Strip of Buildings	✓
CDL/DRA/026	Operations Affecting Neighbours and Other Third Parties	✓
CDL/DRA/027	Compressors	
CDL/DRA/028	Work from a Mobile Elevating Work Platform - MEWP	✓
CDL/DRA/029	Gas Handling & Storage	✓
CDL/DRA/030	Loading Wagons	✓
CDL/DRA/031	Handling Glass from Windows etc.	✓
CDL/DRA/032	Use of Ladders	
CDL/DRA/033	Hand Held Grinders	
CDL/DRA/034	Fork Lift Truck Operation	
CDL/DRA/035	Cement Asbestos Removal	✓
CDL/DRA/036	Excavations	✓
CDL/DRA/037	Remote Demolition of Property	✓
CDL/DRA/038	Crushing of Materials	
CDL/DRA/039	Bobcat	
CDL/DRA/040	Dismantling Steel Framed Structures	✓
CDL/DRA/041	Environmental Impact	✓
CDL/DRA/042	Working Near Water	
CDL/DRA/043	Working with Sewage	
CDL/DRA/044	Hazards Associated With Working Adjacent to Network Rail Boundaries	
CDL/DRA/045	Telescopic Handler	✓
CDL/DRA/046	Reciprocating Saws	✓
CDL/DRA/047	Circular Saws	
CDL/DRA/048	Shearing Metal Using 360 fitted with Shear	

## **CENTURY DEMOLITION LTD**

### **CoSHH Assessment Index (Demolition/ Asbestos)**

The CoSHH assessments listed below are for substances most likely to be found on demolition sites. This list is not exhaustive and must be reviewed for each project.

These assessments do not take into account any remaining substances used during the buildings previous activities.

Where there is a possibility of hazardous substances other than those listed below remaining then, where practicable prior to the commencement of demolition activities, additional CoSHH assessments must be carried out. These must be carried out with cooperation either from the Client, the owner or those responsible for the previous activities of the premises to provide the details of any suspect hazardous substances.

Client:	<b>The Auckland Project</b>
Project:	<b>47 Newgate Street</b>

Hazardous Substance		✓
CD/CA/001	Aggregates	
CD/CA/002	Burning Fumes/Dust/Metal Oxides	✓
CD/CA/003	Exhaust Fumes – (Diesel)	✓
CD/CA/004	Diesel Oil	✓
CD/CA/005	Dust	✓
CD/CA/006	Engine Oil	✓
CD/CA/007	Exhaust Fumes (Petrol)	✓
CD/CA/008	Extinguishers – CO <sub>2</sub>	✓
CD/CA/009	Extinguishers – Foam	✓
CD/CA/010	Extinguishers – Powder	✓
CD/CA/011	Fibre Glass	
CD/CA/012	Gear Box Oil	
CD/CA/013	Grease High Temperature	
CD/CA/014	Hydraulic Oil	
CD/CA/015	Mineral Fibre	
CD/CA/016	Oxygen	✓
CD/CA/017	Pigeon Droppings	✓
CD/CA/018	Propane	✓
CD/CA/019	Sewage	
CD/CA/020	Unleaded Petrol	✓
CD/CA/021	Crystalline Silica	
CD/CA/022	Mineral Fibre (Man-made)	

CD/CA/023	Chlorine	
CD/CA/024	Wet Strip Surfactant	
CD/CA/025	Foster 81 - 28	
CD/CA/026	Bostik Sprayable Adhesive	
CD/CA/027	Foam	

# CENTURY DEMOLITION LTD

## SITE PPE CHECK SHEET

DATE.....

**ALL OPERATIVES ON SITE ARE TO COMPLETE THE TABLE BELOW BY TICKING THE BOXES IF YOU POSSESS THE RELEVANT PPE.**

Name	Hat	Vest	Gloves	Eye Protection	Ear Protection	Overalls Trousers	Mask	Signature

# CENTURY DEMOLITION LTD

## SITE CHECK SHEET FOR SPECIALISED PPE

DATE.....

**ANY OPERATIVE ISSUED WITH SPECIALISED PPE EQUIPMENT MUST COMPLETE THE FORM BELOW**

NAME	DATE ISSUED	EQUIPMENT DESCRIPTION	SIGNATURE

# CENTURY DEMOLITION LTD

**The employees detailed below have signed and confirmed that they: -**

- (a) Have received a briefing from the site manager on the location of all services and the precautions and controls required to reduce the risk of inadvertent contact or damage.
- (b) Understand that live service may be present within the work area.
- (c) Have receive a briefing from their site manager on the hazards involved with their undertaking.
- (d) Shall work to the requirements of the permit and control measures identified by the Risk Assessment.
- (e) Will notify their site manager, should there be any abnormalities or areas of concern regarding the works

PRINT NAME	Date	Signature

I confirm acceptance of the method of work and understanding of the Risk Assessments and controls to be applied.

<b>SIGNATURE OF SITE FOREMAN/MANAGER:</b>	
<b>DATE:</b>	



**THIS IS A WORKING DOCUMENT AND IS SUBJECT TO REVISION  
THROUGH OUT THE PROJECT PERIOD**

<p><b>Signature:</b> Kevin Thexton Company Director Century Demolition Ltd</p>	<p>15/11/2023</p>
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