

# CJ CHARLTON GROUP LTD DEMOLITION DISMANTLING STRIP OUT

www.cjcharltongroup.co.uk

Outline Method Statement Risk Assessment & Management Plan for Demolition & Construction

Date: January 2024 Version: 2

www.cjcharltongroup.co.uk

#### DEMOLITION

Introduction Scope & Sequence	
Project Management	4
Current Major Site Hazards	5
Site Boundary Line	6
Access, Egress, Parking & Deliveries	7
Site Security	8
Site Setup	8
Welfare Facilities	8
Site & Worker Appearance	9
Works Methodology	
Asbestos Containing Materials	
Pre-Demolition Soft Strip	
Mechanical Demolition (Super Structure, Sub Structure & Foundations)	
Crushing Works	14
The End of the Works	15
Health & Safety	16
Site Induction	16
Site Signage	16
Training	16
Plant & Equipment	17
Emergencies & First Aid	17
Personal Protective Equipment	
Nearest A&E	
Environmental Considerations	
Neighbourhood Consideration	
Risks & Controls	
Sign Off Sheet	

#### CONSTRUCTION

Health & Safety	31 ·
Fire and Emergency Procedures	31
Noise & Dust	31
Logistics	31
Scaffold & Access	32
Storage	
Site Offices	32
Maintaining services & facilities during the works	
RAMS and COSHH	32



All revisions to this document will be included in **BOLD RED** text so that it can be easily identified. These red sections must be inducted to all current operatives but the **WHOLE** document must be inducted to all new operatives.

# Introduction

This planning stage method statement, management plan and and risk assessment is for the demolition and construction works at the City House for the redevelopment of the Site to provide a part 5, part 13 storey mixed-use building. Prior to the start of the proposed works this document will need to be developed, with certain areas expanded upon

Our proposed methodology for this project has come following a detailed review of the issued documentation, visiting site and consulting with the client team.

This document will remain a live document that will be revised should the working methods change or become unsuitable to complete the works safely. As the document is revised it will be issued to the relevant people for approval prior to the tasks starting.



In addition to these revisions the methods will be checked weekly during a site documentation review. Any amendments made will issued to the Principal Designer for approval. It is the responsibility of the Supervisor to ensure that this document is up to date and a true reflection of the work methods on site and the risks being exposed to.

The risk assessments included with this have been chosen due to the presence of hazards within the site and works. All the control measures suggested in these assessments will be adopted and adhered to. These must also form part of the weekly review to check their suitability.

# Scope & Sequence

The proposed scope of works for this project will be completed in a sequence that is the safest and most efficient.

Any changes to the scope of works or methods used to deliver the scope must be documented in a revision to this document.

Major changes to the scope or methodology will result in this document being sent to the Principal Designer (PD) for approval.

- Site welfare Set-up
- Fencing to site boundary
- Pre demolition soft strip
- Asbestos removal (subject to full R&D survey)
- Scaffolding erection
- Structural demolition
- Remove slabs and foundations to 1.5m
- Crush all site masonry and concrete and leave on site for future use
- Site Clearance of all other waste generated during the works
- Clear site

#### Working Hours

Monday - Friday - 08:00 to 18:00

Saturday - 08:00 to 13:00

#### Bank Holidays or Public Holidays - No site works

No working outside of these hours will be permitted unless notification has been given to the client and they have approved the working in these hours.

# **Project Management**

The project is to be managed by the following CJ Charlton employees.

## **Director**

Name: Chris Charlton Phone: 07793 495914 Email: c.charlton@cjcharltongroup.co.uk CHARLTON GROUP LTD



# **Director**

Name: Daniel Thompson Phone: 07925 307379 Email: <u>d.thompson@cjcharltongroup.co.uk</u>

# **Operations Director**

Name: Will Bryan Phone: 07494 325459 Email: <u>w.bryan@cjcharltongroup.co.uk</u>

# **Contracts Manager**

Name: Charlie Hutton Phone: 07774 330764 Email: <u>c.hutton@cjcharltongroup.co.uk</u>

# Site Manager

Name: TBC

# Current Major Site Hazards

# **Working Around Moving Plant & Vehicles**

During the demolition works there will be multiple excavators and vehicles moving around the site. This poses as a risk for site personnel moving around the site.

Personnel must have safe routes leading from the site entrance to the welfare area. When on site personnel must keep clear of all moving plant and vehicles. Hi vis vests must be worn, and personnel should always make themselves seen to the operator/driver when moving past.

# **Structural Stability**

During the structural demolition of the building, retaining structural stability at all stages of the demolition is crucial. Structural demolition is only to be completed by demolition operators who are trained and competent. The method for demolishing the structure is to be followed at all times.

Page 5 of 30



Page 6 of 30

Only full structural bays are to be left standing at the end of shifts. No free-standing, large sections are to be left unsupported at the end of the day. During the demolition works operatives and visitors are to be kept clear of the building at all times.

# **Asbestos Containing Materials**

The presence of asbestos containing materials (ACM) is currently unknown and is subject to completion of the survey. No demolition works or intrusive soft strip works are to be completed until the survey has been completed and the asbestos removed by a competent and licensed contractor.

# Site Boundary Line

The below illustration highlights the approximate boundary line for the site for the boundary. The exact fencing line is to be confirmed. It is proposed that the pavements around the site will remain open to the public.



The site boundary for the works will consist of a Herras fencing or traditional timber hoarding boundary. This is being erected by the client prior to the start of the works. This boundary needs to safely contain the works and the vehicles making deliveries and waste collections.

During our time on site the boundary line will be checked to ensure it remains undamaged and suitable containing the works.



If the boundary is seen to be unsuitable at any point during the works, it must be rectified immediately as keeping members of the public out of the site is a high priority.

# Access, Egress, Parking & Deliveries

#### Site Access & Egress for Vehicles

The existing entrance to the site is from the highlighted side road which can be accessed from Sutton Park Rd. Vehicles are to use the same entrance and exit point. A Banksman is to assist with larger vehicles entering the site and for when vehicles want to leave site.



## **Parking**

Parking on site is limited and all workers/ visitors are to check with the Supervisor before bringing a vehicle to site.

#### **Deliveries**

All delivery/collection drivers must wear full (4-point PPE) when on site outside of their vehicles. Drivers are only permitted to be immediately next to their vehicles for loading/inspecting and must not walk into the into the site. If they are required to enter the work areas they must firstly receive a full induction.



We will adopt the following safety procedures to ensure the safety of our staff and other people us. These will include;

- Not driving over the speed limit when approaching the site
- Never using phones while driving on site
- Always giving way to other road users
- Do not block the entrance to other businesses or residential properties

All vehicles must leave site in a slow and controlled manner ensuring that no curbs are driven over, or corners cut.

No construction vehicles of any size are to wait on the roads surrounding the site. Vehicles making deliveries/collections will be required to phone ahead to site to ensure that they can access the site and the material they are collecting is ready for them or there is sufficient space on the site to take the delivery.

## Site Security

Site security is important to ensure that members of the public do not enter the site during the working shift and also out of site hours. The following controls will be put on place on this site.

- During the day the gate will be manned by a banksman. They will control vehicles and pedestrians entering and leaving the site.
- The building is to be secured as much as possible at the end of each work shift and during the day. Members of the public must not be permitted to access the building at any time.
- Tools and equipment are to be locked away at the end of each shift
- Warning signage is to be displayed on the boundary fencing warning people of the dangers of entering the site.

# Site Setup

## Welfare Facilities

Welfare facilities are to be provided in the way of standalone welfare cabins positioned within the site boundary in a safe location away from the works and the site.

Facilities should exceed the requirements of the Construction (Design and Management) Regulations 2015 and incorporate the smoke-free (Premises and Enforcement) Regulations 2006.

The site welfare should consist of the following,

Page 8 of 30



- Suitable numbers of sanitary conveniences, which reflect the number of, people working on the site and which are adequately ventilated and lit.
- Washing facilities, which provide basins large enough to allow people to wash their faces hands and forearms and a supply of clean hot and cold, or warm, water.
- Storing and changing clothing.
- A suitable supply of drinking water and drinking vessels.
- Microwaves for warming food
- Electric kettle for making hot drinks with an adequate a number of cups and cutlery for the workforce.

Any problems with the welfare will be voiced to the Supervisor immediately.

The welfare must be kept in a clean and tidy condition. Toilets and sinks must be cleaned after every break time, consumables replaced, and bins emptied. There needs to be adequate hand washing facilities on site with disinfectant sprays/wipes in the canteen/toilets.

## Site & Worker Appearance

The appearance of the site is very important to ensuring that the C J Charlton brand is seen in good light and also that people's perception of the development is a good one.

All workers will adhere to the following things at all time when travelling to or being on site;

- Set the site up so people can walk from the gate to the welfare in a safe route without being able to walk off into the site.
- Make sure everyone is given clean PPE (hi vis and hat) at the start of the project
- In the morning do not park inconsiderably outside the front of the site by blocking pavements and listening to loud music
- Keep the welfare and site entrance tidy
- Do not drop litter around the welfare or anywhere on site
- Keep the office area tidy and presentable. It is a project office and not a canteen.
- Always ensure there is enough PPE on site for visitors.
- When leaving the site to go to shops etc. always conduct yourself in a professional manner as you are still representing the company.
- When driving to site in company vehicles always drive cautiously and abiding by the rules of the road.



# Works Methodology

## Asbestos Containing Materials

A full R&D survey needs to be completed prior to the start of any demolition works. This will then need to be reviewed and any acms removed by a licensed and competent demolition contractor. Note: - speak to the Supervisor to check that the building is clear of ACM before proceeding with the scope of works.

All CJ Charlton operatives have received training to recognise ACM's and know the items to avoid. Should any presumed additional asbestos be discovered the works must cease and the area vacated. Speak to the Site Supervisor immediately. Do not return to the area until you have been instructed.

Should anyone become accidentally exposed to asbestos fibres the following procedure must be adopted.

- Stop work, move away from the immediate area but do not go to the welfare or other areas where other people are.
- Phone or call for assistance.
- The area must be cordoned off and warning signage displayed.
- Instruct the people what has happened and not to approach you (this is key to reduce the likelihood of exposing others)
- Ask the help to bring some disposable overalls, an FFP3 disposable mask and some asbestos waste bags.
- The exposed person must remove all clothing and place it inside the asbestos waste bag.
- The person assisting must call for an asbestos analyst and for a decontamination unit to be delivered to site.
- The asbestos analyst must monitor the area to identify the type of asbestos present and conduct background air monitoring.
- The exposed operative must clean themselves thoroughly inside the decontamination unit.
- The exposed person must then seek medical advice.
- If the analyst confirms that it was asbestos that was disturbed, the incident must be reported to the Reporting of Injuries, Diseases and Dangerous Occurrences (RIDDOR) Regulations.

## Pre-Demolition Soft Strip

The entire building is to be stripped of all of the non-structural architectural elements prior to any structural demolition works. Areas will only be stripped once they have been cleared of live services.

The tools to be used will be but not restricted to the following.

- Mattocks/hammers
- Floor scrapers



- Pinch bars
- Steps/Podiums
- Battery powered drills and recip saws

The following items are to be removed as part of soft strip works;

#### Fixtures and Fittings:

Any loose fixtures and fittings remaining will where of a suitable size be removed from the building whole, taken to the loading area by hand before being loaded directly into the waiting waste skips, larger elements will be dismantled/downsized using small tools, reduced into manageable sized sections and again transported to the disposal point.

#### Doors, Door Frames & Skirting:

Door frames and skirting will to be removed by operatives using pinch bars and hammers. The items are to be gradually pried from their place of fixing, any obtrusions and nails are to be removed or hammered over with all resultant materials then being transported for disposal.

Doors will be removed by operatives stripping off the door furniture, prying the door from its hinges again utilizing pinch bars and mattocks, doors will then be either downsized for ease of disposal or carried whole to the disposal point.

#### Floor/Wall Coverings:

Laminate or timber floor coverings are to be removed by the operatives using mattock picks and shovels. Carpet tiles and vinyl floor tiles are simply to be prized up using hand tools, then bundled and taped with resultant materials transported to the disposal point. Carpets where of a roll-able nature will be cut into strips, whilst still laid, and then rolled up for collection in strips, these will then be transported to the disposal point.

#### M&E Equipment:

Once isolated and drained, down workers will proceed to strip the building of the mechanical and electrical equipment such as cables, trunking, pipe work and AC equipment that is included within the contracted works. The main incoming heads are likely to be live at this time and must be avoided. If at any time you assume there may be live services, you must stop work and ask for clarification.

Workers will use podiums and towers to reach the M&E in the ceiling space and at high level. All clips and fixings for this equipment must also be removed but whilst avoiding damaging the fabric of the building.

## Soft Strip Waste Removal

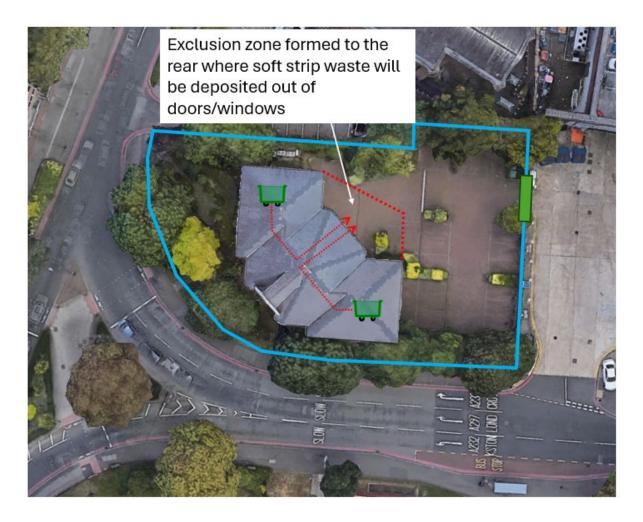
During the soft strip the materials are to be stacked on the floors in different waste streams. All of the soft strip waste is to be transported through the building using pallet trucks and wheeled bins.



A designated window is to be appointed at the rear of the building to be used to deposit materials out.

Exclusion zones are to be formed at the bottom of the window. This will be fenced off from the other areas of the site. No personnel are permitted to enter these exclusion zones.

An excavator will work in the exclusion zone assist with loading materials and compacting bins.



# Mechanical Demolition (Super Structure, Sub Structure & Foundations)

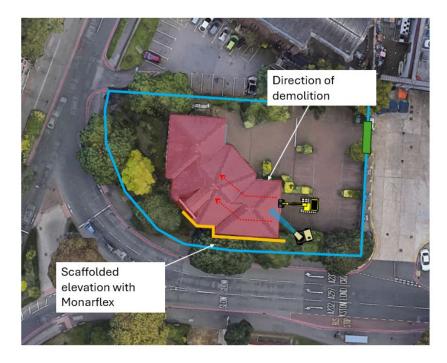
The structural/mechanical demolition works are being completed by competent CJ Charlton personnel.

The super structure is a structure made up of a three storey former commercial premises which is being demolished. The slab and foundations will then be removed.

The structure will be demolished in the highlighted direction using a standard reach excavator. Smaller, standard height excavators will be used to assist with processing materials. The plant will only be operated by a fully trained (CPCS) operator who are competent in completing the tasks set to them.

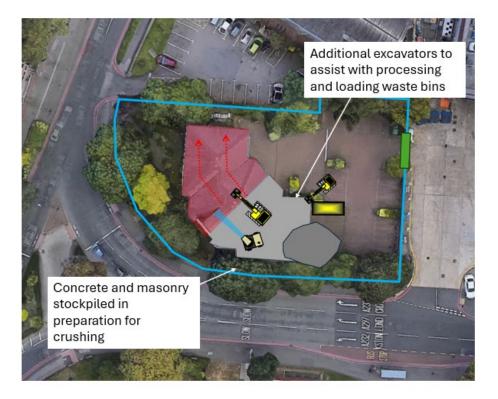


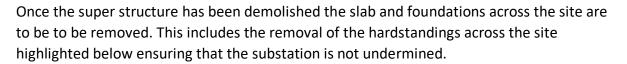
The demolition excavators, which will be working from the ground will start by munching through any horizontal beams and columns, working through the structure munching it down to the ground in a controlled manner.



No partial bays are to be demolished and then left at the end of the shift as this may result in structural collapse out of hours.

Water hoses and dust boss units are to be used to suppress the dust during the demolition of the structure should it be deemed necessary. This will be visually monitored by the operator and the Supervisor.





The slab and foundations are likely to need breaking with a hydraulic breaker. During the breaking works the area is to become a mandatory hearing protection zone for everyone passing through or working in the area.

All of the arisings are to be processed into the different waste streams and loaded into the vehicles and removed from site for recycling.

All other waste streams from the demolition activities will be sorted into the separate waste streams and then loaded into 40yd bins for removal of site and recycling.

# **Crushing Works**

All of the concrete and masonry created during the demolition of the super structure, ground slab and foundation removals is to be crushed to a 6F2 aggregate and kept on site.

It is firstly to be sorted and cleaned so that no other waste arisings are present this will help to ensure that the crushed material is as clean as possible.

If materials need to be picked out of the hardcore/concrete a demolition excavator will spread the material out so that operatives can pick out the other materials. When turning over piles of hardcore water will need to be used to suppress the dust.



An adequate water supply needs to be available in advance of the start of the crushing. It must be adequate enough to be fed into the crusher and to dampen both the stockpile of

CHARLTON GROUP LTD



material and the finished aggregate as it is being moved about. An excavator with bucket attachment is to position itself on the stockpile of broken concrete.

This machine will gradually load the hopper of the crusher in a slow and controlled manner making sure that no other waste streams go into the hopper which could cause it to jam.

An exclusion zone is to be established around the crushing works. This exclusion zone is to be established out of Herras fencing and must prevent site personnel from being able to get too close to the crushing operations.

The fencing is to start at the hopper and go around the crusher and the side belts where metal and other materials are separated. The fencing must be far enough away from the side of the crusher that it contains any materials removed via the side belts.

Even with the water being used to suppress the dust the area may still be dusty. The crusher operator and anyone else in the area must wear a minimum of an FFP3 face mask (with face fit test) All workers in the area must wear hearing protection at all times during the crushing works. This includes the plant operators.

The crusher operator is to stand at a safe distance from the crusher whilst it is being operated. At no point must the operator climb onto the crusher whilst it is running. If at any point the crusher becomes jammed it must be shut down immediately.

With the crusher shutdown the operator can get to work unjamming it. Using hand tools to pry the jammed object free from underneath. If the lodged item is not moving the excavator loading the hopper may be used. A lifting chain can be lowered down into the hopper and slung around the lodged item. The crusher operator can then signal to the excavator operator to slowly pull the blockage free.

# The End of the Works

Prior to the end of the project and handing the site back to the client end of the following things are to be completed to ensure that the equipment leaves site in a tidy condition and the site is handed over in a tidy a condition as possible;

- The site must be cleared of all rubbish, paying special attention to the front of the site. The site must not be left with any crisp packets, drink cans etc.
- Arrange for the client and senior management to come to site to ensure that all the agreed works have been completed. This must be completed within good time of the end of the project and whilst the operatives and plant are still on site.
- If any hazards remain on site these must be notified to the client via a site layout with them marked. (remaining services, trip hazards etc.)
- The site are is to be levelled using the excavator bucket and then tracked in so that the site area is well compacted and trip hazards are minimised.

These items must be completed, and it is the responsibility of the Site Supervisor to ensure that they are completed before the site is handed back.



# Health & Safety

## Site Induction

Upon entry to site at the start of the contract all CJ Charlton operatives must undertake the site induction. This induction will be required by all personnel working on the site. The client may wish to complete their own induction this must be completed also.

These RAMs must be inducted to everyone on site by CJ Charlton this will communicate the specific works and hazards on site. It will also give the inductee knowledge of the logistics strategy for the site. All visitors not inducted must be escorted around site and will require to complete the full induction if they are to be left unattended.

In these induction, you will be given the site logistics and information regarding the location of the welfare. This welfare is to be kept clean and tidy at all times.

The agreed method for the works will be inducted to you and all the pre-identified risks. The control measures for these risks will also be explained. If any discrepancies in the method are identified with the method during the induction these must be told to the site manager at this time.

It will also be made clear that 4-point PPE (boots, hi vis, gloves and helmets) will be mandatory on site. There will also be information regarding any exclusion zones or areas that will require additional PPE such as hearing protection during any concrete breaking.

## Site Signage

The following signage must be displayed around the site as a minimum;

- Danger Trip Hazards
- Exclusion zones
- Contact details for Supervisor on the front fencing
- Danger Asbestos Removal Works

#### Training

Everyone on site must be suitably trained for their role. This will be identified prior to their arrival to site. During the site induction proof of training and competency will be asked for. Copies of training certification must be available on site.

If new workers are brought to site, they must come with their training certification. Access to site will not be permitted unless the training certification is available.

No plant and equipment can be used by anyone other than the trained operator who has permission by the site management to operate such plant/equipment including the relevant training certification.



## Plant & Equipment

All plant and equipment that is brought to site must be suitable for the task and used according to the manufacturers requirements. All plant and equipment must be thoroughly inspected with all thorough examination certificates in the site file.

Pre-start checks must be undertaken and completed for all plant and equipment. Details of the inspections and any findings must be documented within the PUWER register which is within the site file. Any damaged or faulty equipment must be taken out of the work area and clearly marked **NOT TO USE** until a replacement can be found or it can be repaired.

All plant must only be operated by operators with CPCS qualifications. All plant must be thoroughly maintained whilst on site. When not in use keys are to be removed. When being operated seatbelts must be worn at all times.

# **Emergencies & First Aid**

A full fire and emergency plan is to be inducted to all operatives prior to the start of the works and will be included within the induction prior to the start of the works.

The fire plan will illustrate which fire extinguishers are present on the fire points and which can be used on the different types of fires.

All persons qualified in First Aid must be contained in the emergency plan. Their contact details must be communicated to everyone during the induction, with the location of the first aid box and accident book also included.

## Personal Protective Equipment

PPE is to be worn on site at all times by workers, visitors and vehicle drivers. Due to the Covid pandemic the PPE required on site exceeds the amount of PPE that would usually be worn for a project of this size. The following PPE must be worn at all times whilst on site.

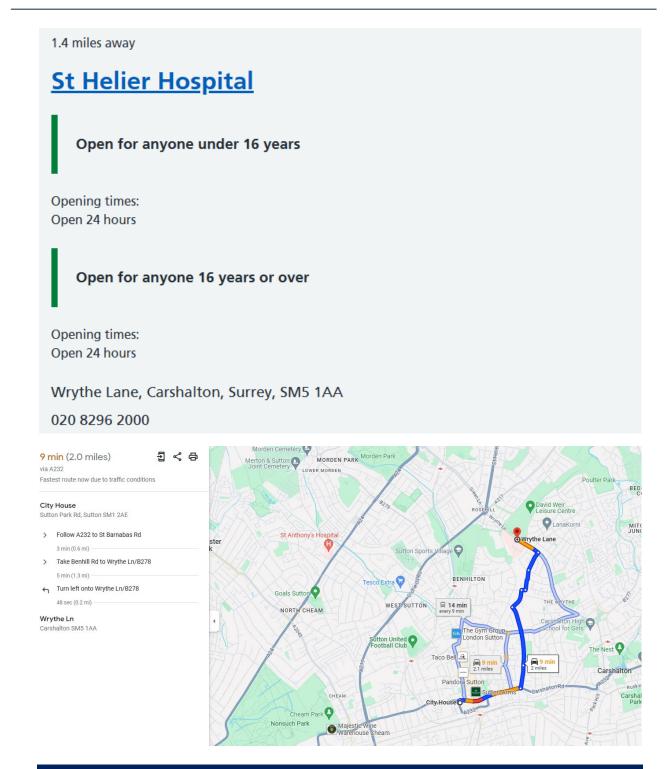
- Working boots with sole and toe protection (not rigger boots)
- Hard hat
- Hi-vis
- Gloves
- Face fitted FFP2/3 face masks (as required)

When not in use PPE must be stored in the changing area. If disposable PPE is used then once it has been finished being used it must be thrown away and your hands washed.

## Nearest A&E

In the event of site personnel needing to go to A&E this is the closest one.





# Environmental Considerations

- Noise plant and equipment must not be started before 08:00.
- **Dust** During the demolition and crushing works FFP3 dust masks may need to be worn. Water sprays will be used to spray the areas as the works are completed.



- **Dirt on Surrounding Roads** The wheels of vehicles are to be checked before they are leaving the site. If necessary, a pressure washer will be used to clean of vehicles before they leave the site.
- Hazardous Materials Any asbestos containing materials will be dealt with by trained and competent personnel only. If additional hazardous materials are discovered the Supervisor must be notified immediately. Works will stop until the material can be identified/cleared away
- **COSHH** all oils and fuels on site are to be kept on drip trays and not stored near open drains. Ideally to be stored on hardstandings so that if there is a soil they can be cleared up before they seep into the ground.

# Neighbourhood Consideration

- CJ Charlton if acting as PC will adopt the following practices to ensure that the impression of the site is a positive one and that our works affect the surrounding neighbours as least as possible.
- Best endeavours will be made to eliminate any pollution or dust/particle migration from the site. Not a real concern during these works but still must be considered for loading bins with rubbish. All bins are to be covered at the end of the shift to ensure that dust cannot blow out of the bin.
- No music radios are permitted on the site at any time and loud shouting especially close to boundary lines should be avoided.
- We will maintain on site, a system for recording any incidents and any ameliorative action taken. If incidents do occur the client must be informed immediately. All complaints will be recorded on site with all works completed in accordance with BS 5228-1:2009+A1:2014.
- No loud talking or shouting is permitted by operatives prior to the 08:00 start time for the site.
- Vehicles must not block the neighbouring properties or roads
- The details of the Site Manager will be displayed on the project information board outside of the site entrance so that the site can be contacted.

# Risks & Controls

The risk assessments for City House project have been chosen due to the identified hazardous tasks likely impact on the workers and other people in the work area.

Prior to appointment and an actual start date on site these may be revisited to check they remain adequate. They will also be checked regularly throughout the project and should the scope of works change.

CJ CHARLTON GROUP LTD

Risk is assessed in accordance with the HSE's Guidance Note INDG16 "Five Steps to Risk Assessment" as: -

- Look for the hazards
- Decide who might be harmed and how
- Evaluate the risks and decide what control measures are required
- Record the findings
- Review the assessment and revise it if necessary

0 – 5 = L	ow Risk		Severity of	the potential in	jury/damage	
	Moderate Risk	Insignificant damage to Property,	Non-Reportable Injury, minor loss of Process or	Reportable Injury moderate loss of Process or limited	Major Injury, Single Fatality critical loss of	Multiple Fatalities Catastrophic
11 – 15 =	₌ High Risk	Equipment or Minor Injury	slight damage to Property	damage to Property	Process/damage to Property	Loss of Business
	= extremely high otable risk	<b>1</b>	2	3	<b>4</b>	5
ard	Almost Certain 5	5	10	15	20	25
e hazard	Will probably occur <b>4</b>	4	8	12	16	20
of the	Possible occur <b>3</b>	3	6	9	12	15
Likelihood happening	Remote possibility 2	2	4	6	8	10
Likelih happei	Extremely Unlikely <b>1</b>	1	2	3	4	5

Risk	Score	Comment
Low	1-6	Usually an acceptable level provided that the control measures are adhered to
Medium	8-10	Further controls may be needed .e.g. better equipment, strict supervision of task, additional training
High	11-15	<u><i>Task must not proceed</i></u> . Reassess the risks for all hazards and introduce better control measures.
Extremely High	16-25	<u>Task must not proceed</u> . New methodology needs to be developed for the task

Page **20** of **30** 



Risk Assessment								
Act	Activity: Manual Handling							
		Hazard Identification and	Risk Evaluation					
	Hazards	Who is affected and how	Risk Evaluation	Residual Risk				
1	Torn muscles, ligaments	Operatives	Medium	Low				
2	Broken bones	Operatives	Medium	Low				
3	Cuts & abrasions	Operatives	Medium	Low				
4	Work related upper limb disorders	Operatives	Medium	Low/Medium				
5	Trapping	Operatives	Medium	Low				
6	Pinching	Operatives	Medium	Low				
		Control Measures/Safe w	orking Methods					
redu 1	Ensure all operatives are	trained in manual handling and the co	rrect methods of lifting (Kinetic	).				
2	Assess the object to be ha	andled and if required employ mechar	nical methods of lifting.					
3	Ensure that the correct P	PE is worn: Gloves, overalls, foot prote	ection					
5 Assess whether the object can be lifted by employing a second person. Do not carry heavy objects repeatedly or for any length of time								
6	Ensure that the route where the goods are being carried is clear and free from trips, slips and objects. Ensure that the area where you are picking up and setting down has ample room to manoeuvre.							
7	Ensure that the objects h	ave good hand holds and that they wil	I not pinch whilst carrying or se	tting down				



	Risk Assessment					
Act	ivity: S	Slips, trips and falls				
		Hazard Identification	and Risk Evalua	ation		
Hazards         Who is affected and how         Risk Evaluation         Residual Ri						
1	Broken bones	Operatives & third parties	Me	edium	Low	
2	Crushing	Operatives & third parties	Me	edium	Low	
3	Cuts/Abrasions	Operatives & third parties	Me	edium	Low	
4	Manual Handling Injuries	Operatives & third parties	Me	edium	Low	
5	Work related uppe injuries	er limb Operatives & third parties	Me	edium	Low	
		Control Measures/ Sa	fe Working me	thods		
	hazards (problems uce the risk.	;) above relate to the control measure	s (solutions) below.	Implementing th	iese measures will	
1		b have training in good housekeeping, rem site. All spills should be cleaned up immed	-	-	ssible to maintain a	
2	2 Ensure that all walkways are kept clear and that no loose heavy material is within the area. Ensure that all routes for manual handling are kept clear and that all surfaces are even, dry and free from debris and dust.					
3 Ensure footwear is suitable and kept in good condition						
4	Area' may need	to be barriered off to prevent access or su	ifficient signage be pl	laced to make othe	ers aware of the hazards	



				Risk Assessment				
Activ	Activity: Fire Hazard							
			н	azard Identification and Risk Eva	luation			
	Haz	ards		Who is affected and how	Risk Evaluation	Residual Risk		
1		Fire causing damage to property		Property on the site or third party property could become cosmetically or structurally damaged by fire	High	Low		
2		causing Injui sonnel	ry to	Operatives and other site personnel could become injured by fire	High	Low		
			Co	ontrol Measures/ Safe working P	ractices			
The ha		risk.		te to the control measures (solutions) belo				
1				are not to be stockpiled in the site areas e and placed in the appropriate bin	specially next to ret	ained property. They		
2		will be move	d around	nust be available throughout the work area depending on where the work areas are. Th axon and details on who to call in an emerg	hese fire points will	have fire		
3		-		I be available at the fuelling bowser. This fi available at the fuelling points so that the s	-			
4		-	a is to be s	ed near the fuel bowser, within any buildin et up close to the welfare areas. A bucket o rettes.	-			
5				the site must be made available at each wo ow the address of where to go	ork area so that sho	uld there be a fire the		
6		of a fire. All	personnel	e to be made available at each work area so with meet at the designated muster point upervisor/Fire marshal has given permissio	in the event of a fire	e. Nobody should go		
7	Any spillages of petrol/diesel on site must be cleared away using the provided spillage kits. Materials used							
8		Any hot works on site must be accompanied by a hot works permit issued by the Supervisor. All of the controls set out in the permit must be followed. The permit must be signed off at the end of the shift or when the works are completed. A new permit will be needed at the start of each hot works task or each day.						
9		•		fare facilities must be used correctly and tu materials to dry them as this can cause fire		n use. Heaters must		



	Risk Assessment						
Acti	vity:	Exclusio	n Zones				
			Hazard Identification and Risk Eva	aluation			
	Hazards		Who is affected and how	Risk Evaluation	Residual Risk		
1	Materials leavir exclusion zone	ng the	Operatives/visitors	Medium	Low		
2	People entering zone and gettin		Operatives /visitors	Medium	Low		
3				Medium	Low		
			Control Measures/Safe working N	/lethods			
	nazards (proble ce the risk.	ms) above r	elate to the control measures (solutions) bel	ow. Implementing th	ese measures will		
1	Ensure exclus should be lef		e set up in accordance with the NFDC guidance n l times	otes publication. A cop	y of this document		
2	The fencing a within the fer		ns should be far enough away that should anythin	ng miss the bin then th	e materials still remain		
3	Warning sign	age is to be o	displayed on the fencing warning site personnel n	ot to enter the area			
4	4 All workers are to be inducted on the safe use of the exclusion zones and how they are to be set up. Visitors will be informed of where the exclusion zones are and the areas that need to be avoided.						
5	Ensure that the route where the goods are being carried is clear and free from trips, slips and objects. Ensure that the area where you are picking up and setting down has ample room to manoeuvre.						
6	The fencing n enter the are		e exclusion zone is to be secured with double clip	s and closed off at the	ends so that none can		



	Risk Assessment						
Acti	Activity: Noise						
			Hazard Identification and Risk Eva	aluation			
	Hazards		Who is affected and how	Risk Evaluation	Residual Risk		
1	Deafness – Acut chronic	e or	Operatives & third parties	Medium	Low		
			Control Measures/ Safe working N	Viethods			
	nazards (probler ce the risk.	ns) above r	elate to the control measures (solutions) bel	ow. Implementing th	ese measures will		
1	Ensure all ope	eratives have	training in the use of noisy equipment				
2	Ensure ear de	fenders are	worn and conform to the latest BS/EN standards				
3 Install noise baffles to reduce unwanted noise							
4	Limit the exposure times for noise over 85db						
5	Use low noise emission equipment where possible						



	Risk Assessment							
Act	Activity: Loading and unloading of vehicles							
		Ha	azard Identification and F	Risk Evaluation				
	Hazards		Who is affected?	Risk Evaluation	Residual Risk			
1	Slips and trips o	n or off lorry	Driver	High/Medium	Medium			
2	Objects falling f	rom vehicle	Driver & Third parties	Medium	Low			
3	Being struck by	moving vehicle	Operatives & Third parties	High	Low			
4	Being struck by during lifting	falling objects	Driver & Operatives	High	Low			
4	Falls from the lo	orry	Driver	High	Medium			
The hazards (problems) above relate to the control measures (solutions) below. Implementing these measures will reduce the risk.         1       Safe access required- Do not jump on/off of lorry. Use steps/ladder provided. Ensure steps/rungs are free from grease & dirt. Caution: steps will be slippery during wet/ icy conditions. Appropriate nonslip footwear to be worn.         2       All tools & equipment to be stored correctly & away from edge to avoid injury from falling objects, if lorry to be used as working platform, then edge protection MUST be used.								
3       Reversing area to be used where possible. The vehicle is to be accompanied by a banksman at all times whilst reversing.         3       PPE to be worn when getting out of cab: Hard hat, high visibility vest/jacket, safety boots.         6       Ensure Safe Working Load (SWL) is clear & visible; SWL alarm (if fitted) is in good working condition. Ensure slinging is								
4	should only b Handrail Syste	followed as per Lift Plan. Under no circumstances should any person walk under the load being lifted. The lifting gear should only be operated by a trained and competent person Handrail System- Ensure ALL posts are placed correctly & ratchet straps are tight & secure. If client has provided fall protection then ensure it is used correctly.						



Risk Assessment					
Acti	vity:	Using Excavato	rs & Other Plant		
		Hazaro	l Identification and Risk Eva	aluation	
Hazards			Who is affected?	Risk Evaluation	Residual Risk
1	Contact with Pe tracking or slew		Pedestrians	High	Medium
2	Overturning		Driver and those in vicinity	High	Low
3	Semi-automatic	c quick hitches	Those in vicinity	High	Low
4	Overhead and L	Jnderground Services	Operator and those in vicinity	High	Low
5	Untrained Oper	ators	Driver and those in vicinity	High	Low
6	Poorly maintain	ned equipment	Driver and those in vicinity	High	Low
			<b>Control Measures</b>		
	ce the risk.		ne control measures (solutions) bel		
1	machinery clo	ose by. Ensure flashing	ible. Pedestrians should adhere to wal beacons are functioning and that all ro ce between body of machine and any f	ound visibility is maintai	
2	Work within s depth of dig.	safe limits, do not overl	oad excavator or traverse slopes diago	onally. Ensure excavato	r is of sufficient size for
3	deaths have of quick hitch: • You shoul • The correct • ALWAYS of	occurred in recent year d be adequately trained ct retaining pin must be check the pin is in place	atic quick hitches can be used to secure s when the bucket has fallen from the d on the use of quick hitches in general e available on the machine on the hitch before starting the work a get out and look from the ground	machine. If your maching and the specific hitch	ne has a semi-automatic on the machine in use
<ul> <li>4</li> <li>Overhead: refer to Construction phase plan and GS6. If lines are live, goalposts are required to ensure clearance, machines may be modified so they cannot reach into danger area.</li> <li>IF A LIVE O/H CABLE IS STRUCK: Do NOT step down – this can be FATAL. Remain in the machine unless it is on fire, if so – jump well clear.</li> <li>Underground: obtain permit to dig – ground should be scanned and services identified and clearly marked.</li> <li>Areas close to service locations (within 500mm) should be hand dug.</li> </ul>					
5	Only competent operators should driver an excavator. They must have received training to CPCS or equivalent standards, be experienced in the site conditions, and be authorised to operate it. Always remove keys from excavators and park safely to avoid unauthorised persons operating.				
6	<ul> <li>Maintenance of excavators is important. Drivers should carry out daily and weekly checks and record these (weekly) in PUWER Register. Any defects must be reported immediately and if the defect affects safe working then the excavator must be taken out of service.</li> <li>A thorough Examination Certificate is required for excavators (12 monthly) and for the lifting accessories that attach to them (6 monthly)</li> </ul>				g then the excavator
			operators are in the seat. When being must wear seatbelts at all times	g driven seatbelts must	be worn. ROPS must be



	Risk Assessment								
Act	Activity: Slips, trips and falls								
		Hazard Identification and Risk E	valuation						
	Residual Risk								
1	Broken bones	Operatives & third parties	Medium	Low					
2	Crushing	Operatives & third parties	Medium	Low					
3	Cuts/Abrasions	Operatives & third parties	Medium	Low					
4	Manual Handling Injuries	Operatives & third parties	Medium	Low					
5	Work related upper liml injuries	Operatives & third parties	Medium	Low					
		Control Measures/ Safe Working	; methods						
	hazards (problems) abo uce the risk.	ve relate to the control measures (solutions) b	elow. Implementing	these measures will					
1		training in good housekeeping, removing all waste Il spills should be cleaned up immediately to preve	•	ossible to maintain a					
2	2 Ensure that all walkways are kept clear and that no loose heavy material is within the area. Ensure that all routes for manual handling are kept clear and that all surfaces are even, dry and free from debris and dust.								
3	3 Ensure footwear is suitable and kept in good condition								
4	Area' may need to be	barriered off to prevent access or sufficient signag	e be placed to make otl	hers aware of the hazards					



Risk Assessment								
Activity: Asbestos Containing Materials (ACM)								
Hazard Identification and Risk Evaluation								
	Hazards		Who is affected and how		Risk Evaluation	Residual Risk		
1	Asbestos inhalation		Operatives & third parties		High	Low		
2	Contamination		Site environment or wider environnem	ent	High	Low		
3								
4								
5								
Control Measures/ Safe Working methods								
The hazards (problems) above relate to the control measures (solutions) below. Implementing these measures will reduce the risk.								
1	area are to w	All operatives to have NNLW training and be experience and competent in handling asbestos cement. All workers in the area are to wear minimum FFP3 face mask with face fit, disposable overalls, glasses and gloves in addition to the standard site PPE						
2		All materials are to be kept in a suitable asbestos waste bin and transport by a licensed carrier to a licensed waste facility. Hazardous waste consignment notes are to be on site for each load leaving the site.						
3	During the re through.	During the removal exclusion zones are to be formed where no personnel are to enter whilst the cement is being tapped through.						
4								
5								



# Sign Off Sheet

I/We have read and understood the above Risk assessment/method statement and will carry out the work in a safe manner

Revision No.	Name:	Signature:	Date:

## **OUTLINE CONSTRUCTION MANAGEMENT PLAN**

#### Health & Safety

A dedicated health and safety and occupier liaison manager will be appointed to ensure a single point of contact is maintained and that all concerns are addressed.

An independent Health & Safety Consultant will be appointed directly by the Client to audit and sign-off on all and periodically assess the safety of both the working environment and the public realm that could potentially be affected by the works.

#### **Fire and Emergency Procedures**

All works will be carried out in accordance with CDM 2015, MHSWR 1999 and RR (FS)O 2005 regulations (plus any others that may be relevant at the time of the works).

RR(FS)O 2005 requires that the fire risk for the site is continually assessed and the Fire Plan updated accordingly.

The Fire Risk Assessment will incorporate a Fire Plan and a Health & safety Emergency Equipment Register. It will be fully developed before work commences and will incorporate measures to ensure the safety of all existing occupiers and members of the public.

#### Noise and Dust

In consultation with the existing occupiers, quiet times will be identified and written into the contract for the works. During these agreed periods no noisy works will be undertaken including percussive drilling,

No radios will be allowed on site and all toolbox talks will be given to all workmen to underline the need for sensitivity in how the works are progressed having regard for the existing occupants

Dust control measures will be put in place for all works. Where possible this will be using filtered extract systems in enclosed areas. In open areas all surfaces will be damped down and regularly cleaned.

#### Logistics

A full time logistics team will be employed to manage all deliveries and distribution of materials around the site.

The logistics team will also be responsible for all waste removal from site and skip management, in accordance with the Construction Site Waste Management Plan.

Safety of existing occupiers, the wider general public and site staff will be paramount at all interfaces between the site boundary and the public realm.



#### **Scaffold and Access**

Sufficient space has been allowed for around the full perimeter of the buildings footprint to allow for adequate scaffold and access. There will be no need for scaffolding to oversail to the public realm or third party land. Scaffold strategy will be subject to further design but will be based on a traditional ground supported scaffold maintaining access and street frontage for members of the public.

#### Storage

The contractor will operate just-in-time delivery arrangements for the site to enable the minimum site compound area to be required.

#### Site offices

It is intended that the location of site offices and welfare can be located on the site, although the location is yet to be determined as it relies on coordination with other site logistics personnel.

#### **RAMS and COSHH**

The above provides an outline of the management procedures the developer will commit to at this stage. Once permission is granted and prior to any development commencing, a fully detailed Construction and Environment Management and Logistics Plan will be required to be produced by the appointed Main Contractor. All works will be subject to detailed RAMS and COSHH assessment prior to any commencement.