



London Healthy Urban Development Unit

HUDU Planning for Health

# Rapid Health Impact Assessment Matrix

Self-completion Form

October 2019

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NHS London Healthy Urban Development Unit

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## HUDU Planning for Health

# Rapid Health Impact Assessment Matrix – Self-completion Form

## Introduction

The assessment matrix is designed to rapidly assess the likely health impacts of development plans and proposals, including planning frameworks and masterplans for large areas, regeneration and estate renewal programmes and outline and detailed planning applications. It should be used prospectively at the earliest possible stage during plan preparation, or prior to the submission of a planning application to inform the design, layout and composition of a development proposal.

The matrix does not identify all issues related to health and wellbeing, but focuses on the built environment and issues directly or indirectly influenced by planning decisions. It is generic and should be localised for specific use. Not all the issues or assessment criteria may be relevant and the user is encouraged to prioritise specific actions which focus on key impacts.

The assessment matrix identifies eleven topics or broad determinants. Under each topic, Section 2 of the tool identifies examples of planning issues which are likely to influence health and wellbeing and the section also provides supporting information and references.

Health impacts may be short-term or temporary, related to construction or longer-term, related to the operation and maintenance of a development and may particularly affect vulnerable or priority groups of the population. Where an impact is identified, actions should be recommended to mitigate a negative impact or enhance or secure a positive impact.

Name of assessor / organisation:

Name of project (plan or proposal):

Planning reference (if applicable):

Location of project:

Date of assessment:

## 1 Housing design and affordability

| Assessment criteria  | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|--|---|------------------|--|---|
| Does the proposal seek to meet all 16 design criteria of the Lifetime Homes Standard or meet Building Regulation requirement M4 (2)?                   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal address the housing needs of older people, ie extra care housing, sheltered housing, lifetime homes and wheelchair accessible homes? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include homes that can be adapted to support independent living for older and disabled people?                                       | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal promote good design through layout and orientation, meeting internal space standards?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include a range of housing types and sizes, including affordable housing responding to local housing needs?                          | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal contain homes that are highly energy efficient (eg a high SAP rating)?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 2 Access to health and social care services and other social infrastructure

| Assessment criteria  | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|--|---|------------------|--|---|
| Does the proposal retain or re-provide existing social infrastructure?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal assess the impact on health and social care services and has the local NHS been contacted?                           | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include the provision, or replacement of a healthcare facility and does the facility meet NHS requirements?          | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal assess the capacity, location and accessibility of other social infrastructure, eg schools and community facilities? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal explore opportunities for shared community use and co-location of services?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

### 3 Access to open space and nature

| Assessment criteria  | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|--|---|------------------|--|---|
| Does the proposal retain and enhance existing open and natural spaces?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| In areas of deficiency, does the proposal provide new open or natural space, or improve access to existing spaces? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal provide a range of play spaces for children and young people?                                    | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal provide links between open and natural spaces and the public realm?                              | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Are the open and natural spaces welcoming and safe and accessible for all?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal set out how new open space will be managed and maintained?                                       | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

#### 4 Air quality, noise and neighbourhood amenity

| Assessment criteria  | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|--|---|------------------|--|---|
| Does the proposal minimise construction impacts such as dust, noise, vibration and odours? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal minimise air pollution caused by traffic and energy facilities?          | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal minimise noise pollution caused by traffic and commercial uses?          | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 5 Accessibility and active travel

| Assessment criteria   | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|---|---|------------------|--|---|
| Does the proposal address the ten Healthy Streets indicators?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal prioritise and encourage walking, for example through the use of shared spaces?                           | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal prioritise and encourage cycling, for example by providing secure cycle parking, showers and cycle lanes? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal connect public realm and internal routes to local and strategic cycle and walking networks?               | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include traffic management and calming measures to help reduce and minimise road injuries?                | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Is the proposal well connected to public transport, local services and facilities?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |



| Assessment criteria   | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|---|---|------------------|--|---|
| Does the proposal seek to reduce car use by reducing car parking provision, supported by controlled parking zones, car clubs and travel plans measures? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal allow people with mobility problems or a disability to access buildings and places?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 6 Crime reduction and community safety

| Assessment criteria  | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|--|---|------------------|--|---|
| Does the proposal incorporate elements to help design out crime?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal incorporate design techniques to help people feel secure and avoid creating 'gated communities'? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include attractive, multi-use public spaces and buildings?                                       | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Has engagement and consultation been carried out with the local community and voluntary sector?                    | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 7 Access to healthy food

| Assessment criteria   | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|---|---|------------------|--|---|
| Does the proposal facilitate the supply of local food, ie allotments, community farms and farmers' markets? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Is there a range of retail uses, including food stores and smaller affordable shops for social enterprises? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal avoid contributing towards an over-concentration of hot food takeaways in the local area? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 8 Access to work and training

| Assessment criteria   | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|---|---|------------------|--|---|
| Does the proposal provide access to local employment and training opportunities, including temporary construction and permanent 'end-use' jobs? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal provide childcare facilities?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include managed and affordable workspace for local businesses?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include opportunities for work for local people via local procurement arrangements?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 9 Social cohesion and inclusive design

| Assessment criteria   | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|---|---|------------------|--|---|
| Does the proposal consider health inequalities by addressing local needs through community engagement?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal connect with existing communities, ie layout and movement which avoids physical barriers and severance and land uses and spaces which encourage social interaction? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal include a mix of uses and a range of community facilities?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal provide opportunities for the voluntary and community sectors?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal take into account issues and principles of inclusive and age-friendly design?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 10 Minimising the use of resources

| Assessment criteria   | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|---|---|------------------|--|---|
| Does the proposal make best use of existing land?                             | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal encourage recycling, including building materials?          | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal incorporate sustainable design and construction techniques? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |

## 11 Climate change

| Assessment criteria   | Relevant?   | Details/evidence | Potential health impact?   | Recommended mitigation or enhancement actions |
|---|---|------------------|--|---|
| Does the proposal incorporate renewable energy?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal ensure that buildings and public spaces are designed to respond to winter and summer temperatures, ie ventilation, shading and landscaping? | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal maintain or enhance biodiversity?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |
| Does the proposal incorporate sustainable urban drainage techniques?  | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> N/A |                  | <input type="checkbox"/> Positive<br><input type="checkbox"/> Negative<br><input type="checkbox"/> Neutral<br><input type="checkbox"/> Uncertain |   |