

Allander Surgery

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Allander Surgery
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Mr Muhammad Chaudhry and Mrs Nasreen Kausar
144 Braidfauld Street
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Letter of support - Glasgow City Council for house & planning application

Dear Sir/Madam

I am the Community Links Practitioner attached to the primary care team of the Allander Surgery. Muhammad and Nasreen are patients in the surgery. Their housing situation is currently having a negative impact on their daily lives. They both have health conditions affecting their mobility and daily living. They require an extension to their property to enable them to live their life to its full potential.

Nasreen has severe osteoarthritis affecting both knees, her right knee has more significant damage and there is a loss of the medial joint space. She is under the care of orthopaedics and awaiting surgery. She also has a diagnosis of essential hypertension and type 2 diabetes.

Muhammad also has a diagnosis of essential hypertension and type 2 diabetes. Both of these conditions are poorly controlled, and affecting his vision, consequently, he has been diagnosed with proliferative retinopathy. He also has degenerative changes in his right knee.


Both Nasreen and Muhammad are finding it difficult to access basic facilities in their home. Particularly Nasreen, as she is unable to repeatedly and safely use the stairs to access her bathroom, which is located upstairs. In addition, Muhammad needs to use the bathroom facilities often due to his poorly controlled diabetes. They both feel unsafe within their property and would benefit from the addition of an extension on the ground floor, which can adequately contain a bedroom, shower and bathroom facilities. This is why they are requesting a 6 metre extension space.

This size of extension would be a significant preventative measure that would reduce their risk of falls or other accidents. It would also future proof their home if their health deteriorates. Furthermore, it would allow them to maintain and improve their independence, confidence and privacy and reduce the potential need for home care services.

I would be grateful if they could be permitted to build this extension to improve their quality of life.

Thank you for your time and consideration.

Yours sincerely


Gary Nelson
Community Links Practitioner