

COSHH ASSESSMENT

JOB REFERENCE SBM DB 22202 B

Unit 12 Dencora Park / Shire Hill Industrial Estate / Saffron Walden / CB11 3GB

Prepared by Daniel Bedocs – Technical Design & Construction Manager

Stunning steel framed buildings – carefully considered, individually designed, meticulously detailed, and erected by experts – with unlimited possibilities...





COSHH ASSESSMENT

Wednesday, 24 April 2024 Page 2 of 19

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SITE ADDRESS

Digicopy, Unit 12 Dencora Park, Shire Hill Industrial Estate, Saffron Walden CB11 3GB

SITE CONTACT: James Dobson

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DIESEL FUEL

Site Specific Activity and Control Measures	Process and method of use:	Fueling of mechanical plant and vehicles. Vehicles to be filled from a bunded tank with a suitable pump or a suitable container and funnel.
	Work location:	Compound
(This section must be completed)	Duration:	Up to 1 hours per day
	Persons at Risk:	Operatives, Co-workers and Public
	Control:	Gas Oils and derv are designed to be used in closed systems. Avoid skin contact when refuelling vehicles or working on fuel system components. Where exposure is likely PROTECTIVE CLOTHING
		should be worn including impervious GLOVES and EYE PROTECTION.
	Ventilation:	Ensure good ventilation preferably in the open air.

Physical Properties	Liquid fuel with distinctive odour	Workplace	STEL mg/m³ 15	LTEL mg/m ³ 8
ಿತ್ರವ ,		Exposure Limits	mins	hrs TWA
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Hazard	Skin irritancy / Sensitisation	Fumes or vapour may cause irritation to eyes and mucous membranes, and drowsiness leading to loss of consciousness May cause Irritation to eyes, with short term redness and stinging. May cause sensitisation by skin contact. Expected to harm aquatic organisms, may cause longterm effects in the aquatic environment. May bio	Flammable	Treat any spillage as a fire hazard. Spray, vapour or mist can be a potential fire or explosion hazard.
	Environment	accumulate; films formed on water may affect oxygen transfer and damage organisms. Likely to biodegrade slowly.	Explosive	

Work Procedures / PPE	Goggles	BS EN 166	Footwear	X
		Nitrile gloves BS EN 374 with breakthrough time of >360 minutes.	Overalls	

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Wednesday, 24 April 2024 Page 3 of 19

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First Aid	Eye Contact:	Rinse immediately with plenty of water for at least 15 minutes. If redness and/or irritation continue get medical advice.
	Skin Contact:	Wash skin as soon as possible with soap and water. Change contaminated clothing and launder before reuse. Get medical advice if irritation persists. Any injection of fuel under the skin should be considered and EMERGENCY - get medical attention URGENTLY.
	Inhalation:	If inhalation of vapour causes irritation or drowsiness remove person to fresh air. If signs/symptoms persist, get medical attention.
	Ingestion:	Wash mouth out with water and give water to drink. If a large amount has been swallowed get medical attention. DO NOT INDUCE VOMITING BECAUSE OF THE DANGER OF ASPIRATION.

Fire	Flash Point - 60°C					
	CO ²	<u>Carbon Dioxide</u> (Black band on Red cylinder) For Small fires	Foam	<u>Foam</u> Cream band on Red cylinder	Dry Powder	<u>Dry Powder</u> Blue band on Red cylinder

Storage / Disposal	Storage:
	Store product in cool, well ventilated surroundings, well away from sourced of ignition.
	Provide suitable mechanical equipment for the safe handling of drums and heavy packages.
	Electrical equipment and fittings must comply with local regulations regarding fire prevention with this class of product.
	Disposal: Dispose of by methods approved by Local Authority.

Environmental

Accidental Release Measures

Always use bunding or spill trays for storage or when refuelling. Treat any spillage as a fire hazard. Spray, vapour or mist can be a potential fire or explosion hazard. Do not allow material to contaminate drains, enter water courses or the ground water system. Dam and absorb spillages with absorbent clay, diatomaceous clay, sand or other suitable absorbent. Collect spillage in containers, seal securely ready for disposal.

Local authorities should be advised if significant spillages cannot be contained.

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Wednesday, 24 April 2024 Page 4 of 19

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NATURAL AGGREGATES

Site Specific Activity and Control		and method	Used as an aggregate in concrete mixes and for ornamental features, landscaping etc. Placed or					ng etc. Placed or		
Measures	of use:		mixed using mecha		lant or hand to	ools e.g. shove	els.			
	ation:	All construction areas								
(This section must be completed)	Duration		Up to 8 hours per d							
	Persons	at Risk:	Operative and Co-workers							
	Control:		Manual handling of the product should be avoided where possible. If manual handling is necessary,							
			full account should be taken of the Manual Handling Regulations. Avoid breathing in dust. Dust should be controlled by containment, suppression and extraction.							
							, containmen	t, suppressio	n and extraction/	
	Ventileti		filtration where pos		Keep dust out	of eyes.				
	Ventilati		Natural and Open A	\Ir		1	CTEL	12	LTEL	
Dhysical Properties	Naturals		Workplace				STEL mg		LTEL mg/m³	
Physical Properties	chipping	5.	Exposure Limit	5	Total Dust		15 mir	12	8 hrs TWA 10	
364										
300					Respirable Dus		-		4	
~					Respirable Qua		-		0.1	
			Long-term exposure		Crystalline Silic		!t			
Hazard	Resp	nogen / iratory tisation	system damage and			no advorco or	nvironmontal	offocts are fo	procoon	
	<		Aggregates are natur significant ecological	ally oc	curring, inert r				oreseen.	
	Enviro	nmental			F +	1 V		Ournell		
Work Procedures / PPE		Goggles			Footwear	X		Overall		
ST. ST.		Gloves			Respirator					
First Aid	Eye Contact:		Immediately and thoroughly irrigate with water. The material is abrasive and may scratch the surfact of the eye. If pain persists get medical attention.							
	Skin Con	tact:	Wash with water. Prolonged contact may cause irritation. If symptoms develop or persist, seek medical attention.							
	Inhalatio	on:	Immediately remove	to fre	sh air. If breat	hing difficulti	es are experie	enced, seek n	nedical attention.	
	Ingestio	า:	Remove to fresh air. advice if symptoms of			s, rinse out m	outh and give	e water to dri	nk. Seek medical	

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Wednesday, 24 April 2024 Page 5 of 19

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Fire	Natural aggregates are non-flammable and are not combustible.
Storage / Disposal	Storage: The product should be stored to minimise the creation of airborne dust. Very fine, dry product in bulk should be stored in enclosed silos. Bulk aggregate containing fine material (<3mm) should not be stored in the open unless it is conditioned with water. Stockpiles should be sited to avoid wind-whipping where possible. Storage bays should be fitted with 3 sides and the aggregate stored below the level of the sides to avoid wind whipping. Disposal: Natural aggregates are classed as 'inert' but should be disposed of in accordance with local and national legal requirements. Natural aggregates can be readily reused or recycled.
Environmental	Accidental Release Measures Avoid dry sweeping which creates dust. Use vacuum cleaning where practicable, or suppress dust using water sprays before cleaning up.

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PORTLAND CEMENT

Site Specific Activity and Control	Process and method	Substance is mixed with water to produce mortar for laying of masonry materials and masonry
Measures	of use:	repairs. Mortar is generally used by bricklayers, ground workers etc.
		Applied by trowel, float, shovel as required.
	Work location:	All construction areas
(This section must be completed)	Duration:	Up to 6 hours per day
	Persons at Risk:	Operatives and Co-Workers
	Control:	When handling cement bags, due regard should be paid to the risks outlined in the Manual
		Handling Operations Regulations. Some bags may have a small amount of cement on the outer
		surface. Appropriate personal protective clothing should therefore be used whilst handling. Where
		reasonably practicable dust exposures should be controlled by engineering methods.
	Ventilation:	Natural and Open Air

Physical Properties	Light grey or white coloured powder.	Workplace Exposure Limits		STEL mg/m ³ 15 mins	LTEL mg/m³ 8 hrs TWA
333			Inhalable Dust	-	10
ag d			Respirable Dust	-	4

Hazard		Substance can cause contact and allergic dermatitis.	Corrosive	Chemical Burns Contact with the eyes or skin it may cause serious burns and ulceration.
	Environmental	Toxic to aquatic life in some circumstances.		

Work Procedures / PPE	Goggles	BS EN 166		Footwear	Х	Overall	
		Nitrile gloves BS EN 374 with breakthrough time of >360 minutes.	A STATE OF THE PARTY OF THE PAR	•	P3 Filter for dry powder		

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SBM DB 22202 I

Wednesday, 24 April 2024 Page 7 of 19

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First Aid	Eye Contact:	A speedy response is essential in order to avoid permanent damage to the eyes. Wash eyes immediately with plenty of clean water for at least 15 minutes and seek medical advice without delay.
	Skin Contact:	Wash the affected area thoroughly with soap and water before continuing. If irritation, pain or other skin trouble occurs, seek medical advice. Clothing contaminated by wet cement, concrete or mortar should be removed and washed thoroughly before use.
	Inhalation:	If irritation occurs, move to fresh air. If nose or airways become inflamed seek medical advice.
	Ingestion:	Do not induce vomiting. Wash out mouth with water and give patient plenty of water to drink.
Fire	Cements are not f	Tammable and will not facilitate combustion with other materials.

基度	
Storage / Disposal	Storage: Bulk cement must be stored in silos that are waterproof, clean and protected from contamination, dry (internal condensation minimised) with stock rotated in chronological order of the despatch dates marked on delivery tickets. Packed products must be stored in unopened bags clear of the ground in cool, dry conditions and protected from excessive draught. Bags should be stacked in a safe and stable

Disposal: Dispose of empty bags or surplus cement to a place authorised to accept builders' waste.

Environmental

Accidental Release Measures

manner.

Recover any spillage in a dry state if possible. Minimise generation of airborne dust. The product can be slurried by the addition of water but will subsequently set as a hard material.

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Wednesday, 24 April 2024 Page 8 of 19

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READY MIXED CONCRETE

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Site Specific Activity and Control	Process and method	Used for constructing concrete floors, slabs, walls etc. Additives can be added to prolong the
Measures	of use:	working life depending upon specification. Applied by hand using shovel or mechanically using a
		pump or other items of mechanical plant.
	Work location:	All construction areas
(This section must be completed)	Duration:	Up to 7 hours per day
	Persons at Risk:	Operatives and Co-Workers
	Control:	Overalls and/or long-sleeved jackets and full length trousers should be worn to protect skin from
		contact with wet concrete. Outer clothing should be waterproof if contact with wet concrete is
		likely. Wear impermeable boots to protect feet. Safety wellington boots should be worn If working
		with wet concrete, with waterproof trousers pulled over them to help prevent concrete entering the
		boots. If concrete saturates clothing, or enters gloves or boots, remove the articles immediately and
		wash before wearing again. In addition to the above, the use of skin barrier cream and aftercare
		products is also recommended.
		Dust caused by cutting or drilling hardened concrete should be controlled by containment,
		suppression and extraction/ filtration where possible.
	Ventilation:	Well ventilated area

	Grey, granular paste	Workplace		STEL mg/m ³ 15	LTEL mg/m ³ 8 hrs
Physical Properties	unless pigmented, with	Exposure Limits		mins	TWA
್ಕೈ ,	a slight earthy odour.		Total Dust	-	10
• 6 6 6			Respirable Dust	-	4
			Respirable Quartz Crystalline	-	0.1
			Silica SiO ²		

Ha	zard
/	1

Skin irritancy

Can cause contact and allergic dermatitis. Wet material can cause irritation, inflammation or burns on contact with eyes or skin.



When used and disposed of as intended, no adverse environmental effects are foreseen, and concrete should not pose a significant ecological hazard.

Environmental

Goggles

W	ork Procedures / PPE
	Contract of the second

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Gloves Nitrile gloves BS EN 374 with breakthrough time of >360 minutes.

BS EN 166



Respirator

Safety

Wellingtons

Footwear



Protective Clothing

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Wednesday, 24 April 2024 Page 9 of 19

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First Aid	Eye Contact:	Immediately and thoroughly irrigate with copious amounts of eye wash solution or clean water. Seek medical attention immediately.
	Skin Contact:	Where skin contact occurs with wet concrete, either directly or through saturated clothing, the concrete must be washed off immediately with soap and water. Where concrete enters boots or gloves, or saturates clothing, the article should be removed immediately and washed before further use.
	Inhalation:	If concrete dust is inhaled, remove to fresh air. If breathing difficulties or inflammation are experienced seek medical attention.
	Ingestion:	Remove to fresh air. If person is conscious, rinse out mouth and give water to drink. Seek medical advice.

rile	Concrete is non-hamiliable and is not combustible.

Storage / Disposal	Storage: Ready-mixed concrete is normally used upon receipt. Disposal: Hardened concrete is classed as non-hazardous and 'inert' but should be disposed of in accordance with local and national legal requirements. Hardened concrete can be readily recycled

Environmental
Accidental Release Measures
Prevent wet concrete entering watercourses, ditches and drains. Clean up any spillage before the concrete hardens, using suction or mechanical removal methods.

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Wednesday, 24 April 2024 Page 10 of 19

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011 0 151 0 11 11	T	
Site Specific Activity and Control	Process and method	Used for fuelling mechanical plant and vehicles.
Measures	of use:	Vehicles to be filled from a bunded tank with a suitable pump or a suitable container and funnel
	Work location:	Construction areas and compound
(This section must be completed)	Duration:	Up to 1 hour per day
	Persons at Risk:	Operatives and Co-Workers
	Control:	During vehicle fuelling and all other operations extreme care must be taken to avoid any sources of
		ignition from igniting the vapour.
	Ventilation:	Well ventilated .

Physical Properties	Straw coloured liquid substance with a	Workplace Exposure Limits		STEL mg/m³ 15 mins	LTEL mg/m³ 8 hrs TWA
മെ ഉ	distinctive odour and		Benzine	-	3
.334	heavier than air vapour		Ethonol	-	1920
8,0			Ethylbenzene	552	441
			Methonol	233	266
			n-Hexane	-	72
			Propan-2-ol (Isopropanol)	1250	999
			Toluene (skin)	574	191
			Trimethylbenzenes, all	-	125
			isomers or mixtures		
			Xylene, all isomers (skin)	441	220

Hazard	Hazard Skin irritancy / Sensitisation		Flammable	Extremely flammable liquid with a flash point of less than -40°C.	Toxic Harmful	Exposure to higher vapour concentrations can lead to death.
	Environment	Toxic to aquatic organisms, may cause long-term adverse effects in the aquatic environment.	Explosive	Can readily explode in the presence of electrostatic charges.	Carcinogen / Respiratory Sensitisation	May cause cancer

Work Procedures / PPE	Goggles	BS EN 166	Footwear	X	Overall	
Winn.	Gloves	Nitrile gloves BS EN 37- with breakthrough time >360 minutes.				

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Wednesday, 24 April 2024 Page 11 of 19

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First Aid	Eye Contact:	Flush the eye with copious quantities of water. If irritation persists refer for medical attention.
	Skin Contact:	Flush the contaminated skin with water. Use soap if available. Contaminated clothing should be soaked with water, removed, and laundered before reuse.
	Inhalation:	Remove the affected person to fresh air. If breathing has stopped administer artificial respiration. Give cardiac massage if necessary. If the person is breathing, but unconscious, place in the recovery position. Obtain medical assistance immediately.
	Ingestion:	DO NOT INDUCE VOMITING. If ingestion is suspected, wash out the mouth with water and send to hospital immediately.

Fire	Do not use water in a jet.							
	CO ²	<u>Carbon Dioxide</u> (Black band on Red cylinder)	Water	<u>Water Spray</u> All Red cylinder	Foam	<u>Foam</u> Cream band on Red cylinder	Dry Powder	<u>Dry Powder</u> Blue band on Red cylinder

Storage / Disposal

The Petroleum-Spirit (Motor Vehicles Etc.) Regulations 1929 and Petroleum-Spirit (Plastic Containers) Regulations 1982 permit the keeping of two 2-gallon (maximum capacity) approved metal and two 5-litre (maximum capacity) approved plastic containers in a motor vehicle, subject to the marking and labelling requirements of containers being met, and the petrol not being for sale.

Store in a cool well-ventilated area, out of direct sunlight keep container tightly closed and away from sources of naked flame, radiant heat or oxidising agents. Containers must be clearly marked.

A recognised collector or contractor should dispose of waste arising from a spillage or tank cleaning in accordance with prevailing regulations.

Environmental



Accidental Release Measures

Prevent from spreading or entering into drains and surface waters (e.g. lakes, ponds, ditches, rivers and streams) or soil and groundwater contamination, by absorbing the liquid with sand, earth or other appropriate non-combustible barriers. Inform local authorities if impacts cannot be prevented.

Sweep up and remove to suitable, clearly marked container for disposal in accordance with local regulations. Do not disperse using water or detergent.

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Wednesday, 24 April 2024 Page 12 of 19

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Site Specific Activity and Control	Process and method	Used in a variety of ways within construction works e.g. as a base product for some mortars.
Measures	of use:	Mixed into mortars by hand using shovels, trowels or moved by mechanical plant.
	Work location:	All construction areas
(This section must be completed)	Duration:	Up to 8 hours per day
	Persons at Risk:	Operatives and Co-workers
	Control:	Where possible use appropriate engineering controls and work practices to minimise dust generation. Where dust occurs use suitable respiratory protection. When handling bagged material, due regard should be paid to the risks outlined in the Manual Handling Operations Regulations.
	Ventilation:	Natural/Open air

	Buff coloured, washed,	Workplace		STEL mg/m³ 15	LTEL mg/m³
Physical Properties	lime free odourless	Exposure Limits		mins	8 hrs TWA
·4,3	natural sand.		Respirable Crystalline Silica	-	0.3
0000			Free Silica Containing Respirable	-	4
ď ,			dusts		
			Total inhalable Dust	-	10

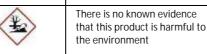
Hazard



Skin irritancy / Sensitisation

Prolonged or repeated contact may cause dryness and abrade the skin

Dust will cause irritation and discomfort by abrasion.



Environmental

Carcinogen / Respiratory Sensitisation

The dust will contain some respirable free crystalline silica that may be inhaled and remain lodged in the alveoli areas of the lungs. The long term effect of prolonged exposure can be silicosis.

























Gloves

Respirator

P3 Filter when mixing dry

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Wednesday, 24 April 2024 Page 13 of 19

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First Aid	Eye Contact:	Immediately irrigate with plenty of clean water to clear particles from the eye. Obtain medical assistance if discomfort persists
	Skin Contact:	Wash thoroughly with soap and water.
	Inhalation:	Remove to fresh air.
	Ingestion:	Rinse out any particles from the mouth, give patient water to drink.
Fire	The product itself	does not present a combustion risk.
Storage / Disposal		d product should be stored in silos and kept dry. Bagged product should be stored in a safe andstable lace, away from heat that may damage packaging.

Environmental	Accidental Release Measures
	There is no known evidence that this product is harmful to the environment.

Disposal: Dispose of in accordance with local regulations to approved landfill sites

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Wednesday, 24 April 2024 Page 14 of 19

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SILICA DUST

Site Specific Activity and Control Measures	Process and method of use:	Silica Dust is released when cutting any products containing cement/ sand such as bricks / blocks / kerbstones etc.					
Widdsards	Work location:	External working locations					
(This section must be completed)	Duration:	Up to 4 hours per day					
	Persons at Risk:	Operatives and Co-workers					
	Control:	Where possible use appropriate engineering controls and work practices to minimise dust					
		generation. Where dust occurs use suitable respiratory protection.					
	Ventilation:	Natural/Open air/Local Exhaust Ventilation					

Physical Properties	Various coloured natural materials	Workplace Exposure Limits		STEL mg/m³ 15 mins	LTEL mg/m³ 8 hrs TWA
200			Respirable Dust	-	2.4
800			Inhalable Dust	-	6

Hazard



The dust contains crystalline silica that may be inhaled and remain lodged in the alveoli areas of the lungs. The long term effect of prolonged exposure can be silicosis. This is carcinogenic



Respiratory

Environmental

There is no known evidence that this product is harmful to the environment



Goggles	Footwear	Х	Overall	
Gloves	Respirator	FP-3 filter		

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	Skin Contact:	Wash thoroughly with soap and water.					
	Inhalation:	Remove to fresh air.					
	Ingestion:	Rinse out any particles from the mouth, give patient water to drink.					
Fire	The product itself	does not present a combustion risk.					
Storage / Disposal	Disposal: Vacuum	or wet sweep areas of dust					
Environmental		Accidental Release Measures There is no known evidence that this product is harmful to the environment.					

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COSHH ASSESSMENT

Wednesday, 24 April 2024 Page 16 of 19

For Technical Design & Planning please call Daniel Bed**ő**cs on 07785 575 552

SITE ADDRESS

Digicopy, Unit 12 Dencora Park, Shire Hill Industrial Estate, Saffron Walden CB11 3GB

SITE CONTACT: James Dobson

///geologist.chefs.minivans

ENGINE OIL

Site Specific Activity and Control	Process and method	Used for lubrication of moving parts in engines on mechanical plant and work equipment. Poured
Measures	of use:	into engine using a suitable funnel or nozzle.
	Work location:	Compound
(This section must be completed)	Duration:	Up to 1 hour per day
	Persons at Risk:	Operatives and Co-Workers
	Control:	When using, do not eat, drink or smoke. Do not breathe vapours or spray mist. Avoid contact with
		skin, eyes and clothing.
	Ventilation:	Use only in well-ventilated areas.

Physical Properties	Clear liquid with a characteristic odour.	Workplace Exposure Limits		STEL mg/m³ 15 mins	LTEL mg/m³ 8 hrs TWA
**************************************			Oil Mist	10	5

Hazard



May cause irritation to eyes and skin



Sensitisation

May cause irritation to the respiratory system.

* Flammable

Take precautionary measures against static discharges. Ground/bond containers, tanks and transfer/receiving equipment.



Environment

Goggles

May be harmful to aquatic organisms



Explosive

Work Procedures / PPE

Gloves Nitrile gloves BS EN 374 with breakthrough time of >360 minutes.

BS EN 166



Footwear Χ Respirator

Overall

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0112713311203	SITE CONTACT: James Dobson /
WHAT 3 WORDS	///geologist.chefs.minivans

First Aid	Eye Contact:	Rinse thoroughly with plenty of water, also under the eyelids.
	Skin Contact:	Remove contaminated clothing and shoes. Wash off with soap and water. Wash contaminated clothing before reuse.
	Inhalation:	Move to fresh air.
	Ingestion:	Do NOT induce vomiting. Never give anything by mouth to an unconscious person. Call a physician or poison control centre immediately.

Fire	Do not us	Do not use a solid water stream as it may scatter and spread fire								
	CO ²	<u>Carbon Dioxide</u> (Black band on Red cylinder)	Water	<u>Water Spray or</u> <u>Fog</u> All Red cylinder	Foam	<u>Foam</u> Cream band on Red cylinder	Dry Powder	<u>Dry Powder</u> Blue band on Red cylinder		

Storage / Disposal

Storage: Keep away from food, drink and animal feeding stuffs. Keep in a bunded area. Keep container tightly closed. Preferably keep in the original container. Otherwise, reproduce all the statutory information from the labels onto the new container.

Disposal: After use, this oil must be sent to a licensed waste oil facility. Incorrect disposal of used oil poses a risk to the environment. Mixture with other waste types such as solvents, brake- and cooling liquids is forbidden.

Environmental



Do not allow material to contaminate drains, enter water courses or the ground water system. Dam and absorb spillages with absorbent clay, diatomaceous clay, sand or other suitable absorbent. Collect spillage in containers, seal securely ready

Local authorities should be advised if significant spillages cannot be contained.

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Shire Hill Industrial Estate, Saffron Walden CB11 3GB



COSHH ASSESSMENT

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Wednesday, 24 April 2024 Page 18 of 19

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DECLARATION

I declare that I have read, or have had read to me, and fully understand this Risk Assessment and shall adhere to the safety control measures and PPE stated. I declare that I will make all site staff and site supervisor aware of any additional risks that appear on site throughout works. Statement to be read, understood, and signed at site induction.

Full Name	Telephone	Company	Signature	Date
Max King	07933 411 450	SBM – Director / First aider		
Daniel Bed ő cs	07785 575 552	SBM – Design & Construction Manager / First Aider		
Darren Ball	07722 255 471	SBM – Supervisor / Steel Erector / First Aider		
Carlos Carias		SBM – Steel Erector / CAD Design		
Ben Law		SBM – Steel Erector		
Carlos Carias Jnr		SBM – Steel Erector		
Oliver James		SBM – Trainee Steel Erector		

CONTRACTORS

Full Name	Company	Signature	Date

VISITORS (MUST BE PROVIDED PPE BEFORE ENTERING SITE)

Full Name	Company	Signature	Date

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